


NM langdistanse 2017


Arrangørorganisasjon:  Halden SK

Dato: torsdag 7. september 2017

**D 17-18 E**

6 330 m, 53 startende deltakere

| Plass | Navn                          | Organisasjon  | Tid     | Diff   | Km-tid |
|-------|-------------------------------|---|---------|--------|--------|
| 1     | Victoria Hæstad Bjørnstad     |  <a href="#">Fossum IF</a>                     | 1:00:28 |        | 9:33   |
| 2     | Ragnhild Eide                 |  <a href="#">Byåsen IL</a>                     | 1:03:17 | +2:49  | 9:59   |
| 3     | Synne Strand                  |  <a href="#">Asker Skiklubb</a>                | 1:03:28 | +3:00  | 10:01  |
| 4     | Ane Dyrkorn                   |  <a href="#">Eiker OL</a>                      | 1:05:19 | +4:51  | 10:19  |
| 5     | Ingrid G. Kvålsgard           |  <a href="#">Fossum IF</a>                     | 1:07:40 | +7:12  | 10:41  |
| 6     | Åsne Naadland Holo            |  <a href="#">Fossum IF</a>                     | 1:08:18 | +7:50  | 10:47  |
| 7     | Pernille Katla                |  <a href="#">Fossum IF</a>                     | 1:08:21 | +7:53  | 10:47  |
| 8     | Lotte Jauhojärvi Markussen    |  <a href="#">Asker Skiklubb</a>                | 1:10:01 | +9:33  | 11:03  |
| 9     | Mia Mathisen Bekhus           |  <a href="#">Fredrikstad SK</a>                | 1:11:01 | +10:33 | 11:13  |
| 10    | Idun Kristine Felde Olaussen  |  <a href="#">Halden SK</a>                    | 1:11:35 | +11:07 | 11:18  |
| 11    | Aurora Gjølvsjø               |  <a href="#">OK Moss</a>                     | 1:12:38 | +12:10 | 11:28  |
| 12    | Ragne Wiklund                 |  <a href="#">Nydalens SK</a>                 | 1:12:42 | +12:14 | 11:29  |
| 13    | Marlin Haavengen              |  <a href="#">Kongsberg OL</a>                | 1:12:51 | +12:23 | 11:30  |
| 14    | Ane Nielsen Solberg           |  <a href="#">Stjørdals-Blink Orientering</a> | 1:15:40 | +15:12 | 11:57  |
| 15    | Johanne Bratland Tjernshaugen |  <a href="#">OK Moss</a>                     | 1:16:47 | +16:19 | 12:07  |
| 16    | Hanne Vassend                 |  <a href="#">Porsgrunn OL</a>                | 1:17:29 | +17:01 | 12:14  |
| 17    | Thea Dyrkorn                  |  <a href="#">Eiker OL</a>                    | 1:17:44 | +17:16 | 12:16  |
| 18    | Helene Eger                   |  <a href="#">Kongsberg OL</a>                | 1:17:53 | +17:25 | 12:18  |
| 19    | Lene Berg Hanssen             |  <a href="#">Byåsen IL</a>                   | 1:18:50 | +18:22 | 12:27  |
| 20    | Thea Sildnes Baklid           |  <a href="#">Konnerud IL</a>                 | 1:19:42 | +19:14 | 12:35  |
| 21    | Rikke Blakkestad Ingesen      |  <a href="#">Fredrikstad SK</a>              | 1:19:57 | +19:29 | 12:37  |
| 22    | Signe Bredholt Jørgensen      |  <a href="#">Sandefjord OK</a>               | 1:20:07 | +19:39 | 12:39  |
| 23    | Heidi Therese Wiest           |  <a href="#">Vang OL</a>                     | 1:20:27 | +19:59 | 12:42  |
| 24    | Kjersti Tønnessen Bergstøl    |  <a href="#">Kongsberg OL</a>                | 1:22:00 | +21:32 | 12:57  |
| 25    | Karoline Aune                 |  <a href="#">Halden SK</a>                   | 1:22:33 | +22:05 | 13:02  |
| 26    | Kristina Voll                 |  <a href="#">Haugesund IL Orientering</a>    | 1:24:32 | +24:04 | 13:21  |
| 27    | Agnethe Hasli                 |  <a href="#">Gjø-Vard OL</a>                 | 1:24:43 | +24:15 | 13:23  |
| 28    | Hedda Raadal Bjørlo           |  <a href="#">Halden SK</a>                   | 1:27:44 | +27:16 | 13:51  |
| 29    | Aurora Moholth                |  <a href="#">Kongsberg OL</a>                | 1:29:36 | +29:08 | 14:09  |
| 30    | Camilla L. Rosenvold          |  <a href="#">Porsgrunn OL</a>                | 1:31:06 | +30:38 | 14:23  |
| 31    | Dina Reitan                   |  <a href="#">Freidig</a>                     | 1:31:32 | +31:04 | 14:27  |
| 32    | Sigrid Vehus Skjerve          |  <a href="#">Verdal OK</a>                   | 1:31:34 | +31:06 | 14:27  |

| Plass | Navn                          | Organisasjon   | Tid          | Diff     | Km-tid |
|-------|-------------------------------|--|--------------|----------|--------|
| 33    | Tora Indregard                |  <a href="#">IL BUL-Tromsø</a>                  | 1:31:44      | +31:16   | 14:29  |
| 34    | Anna Cecilie Linløkken        |  <a href="#">Østmarka OK</a>                    | 1:32:06      | +31:38   | 14:32  |
| 35    | Linn Mei Waaler               |  <a href="#">Måren OK</a>                       | 1:37:20      | +36:52   | 15:22  |
| 36    | Solveig Eline Berg            |  <a href="#">IL Tyrving</a>                     | 1:40:02      | +39:34   | 15:48  |
| 37    | Anna Meen                     |  <a href="#">Porsgrunn OL</a>                   | 1:41:27      | +40:59   | 16:01  |
| 38    | Andrine Harriet Fremstad      |  <a href="#">Larvik OK</a>                      | 1:41:29      | +41:01   | 16:01  |
| 39    | Annette Bjørnås Krogstie      |  <a href="#">Konnerud IL</a>                    | 1:47:07      | +46:39   | 16:55  |
| 40    | Vibeke Kvistad Dengerud       |  <a href="#">Steinkjer OK</a>                   | 1:49:26      | +48:58   | 17:17  |
| 41    | Eli Kolstad                   |  <a href="#">Mo OK</a>                          | 1:49:39      | +49:11   | 17:19  |
| 42    | Frida Bakken Ulseth           |  <a href="#">Nydalens SK</a>                    | 1:51:02      | +50:34   | 17:32  |
| 43    | Eli Fjellbirkeland Johannesen |  <a href="#">IL Gular</a>                       | 1:53:09      | +52:41   | 17:52  |
| 44    | Inga Vestøl Stødle            |  <a href="#">Kristiansand OK</a>                | 1:56:19      | +55:51   | 18:22  |
| 45    | Ane-Marte Borg Hanssen        |  <a href="#">IL BUL-Tromsø</a>                  | 1:58:46      | +58:18   | 18:45  |
| 46    | Lisa Jenssen                  |  <a href="#">Halden SK</a>                      | 2:14:37      | +1:14:09 | 21:15  |
| 47    | Sofie Hallem                  |  <a href="#">Verdal OK</a>                      | 2:17:45      | +1:17:17 | 21:45  |
| 48    | Ida-Synnøve Kristiansen       |  <a href="#">Fredrikstad SK</a>                 | 2:19:26      | +1:18:58 | 22:01  |
|       | Elisabeth Brække              |  <a href="#">Halden SK</a>                      | brutt        |          |        |
|       | Ragne Munkeby                 |  <a href="#">Frol IL</a>                      | brutt        |          |        |
|       | Nora Marie Wedege Irgens      |  <a href="#">Bodø og Omegn IF Orientering</a> | brutt        |          |        |
|       | Rikke Hjelseth Larsen         |  <a href="#">Kongsberg OL</a>                 | brutt        |          |        |
|       | Ingvil Ahlsand                |  <a href="#">Nydalens SK</a>                  | brutt        |          |        |
|       | Marie Hansen                  |  <a href="#">Sarpsborg OL</a>                 | ikke startet |          |        |
|       | Vera Melkild                  |  <a href="#">Freidig</a>                      | ikke startet |          |        |
|       | Lina Kvitvang Benan           |  <a href="#">Steinkjer OK</a>                 | ikke startet |          |        |
|       | Maria Ulseth Sylte            |  <a href="#">Freidig</a>                      | ikke startet |          |        |

## D 19-20 E















6 660 m, 25 startende deltakere

| Plass | Navn                     | Organisasjon   | Tid     | Diff   | Km-tid |
|-------|--------------------------|--|---------|--------|--------|
| 1     | Ingeborg Eide            |  <a href="#">Byåsen IL</a>      | 1:04:06 |        | 9:37   |
| 2     | Marie Olaussen           |  <a href="#">Fredrikstad SK</a> | 1:04:17 | +0:11  | 9:39   |
| 3     | Ingrid Lundanes          |  <a href="#">Emblem IL</a>      | 1:07:46 | +3:40  | 10:10  |
| 4     | Åshild Kolstad           |  <a href="#">Freidig</a>        | 1:11:37 | +7:31  | 10:45  |
| 5     | Oda J Sikkeland          |  <a href="#">IL Tyrving</a>     | 1:13:52 | +9:46  | 11:05  |
| 6     | Tilla Farnes Hennum      |  <a href="#">Asker Skiklubb</a> | 1:16:23 | +12:17 | 11:28  |
| 7     | Maiken Økern Hågård      |  <a href="#">Konnerud IL</a>    | 1:16:51 | +12:45 | 11:32  |
| 8     | Malin Sandstad           |  <a href="#">Freidig</a>        | 1:17:37 | +13:31 | 11:39  |
| 9     | Ingvild Ramtvedt Næsset  |  <a href="#">Sarpsborg OL</a>   | 1:19:05 | +14:59 | 11:52  |
| 10    | Anniken Eriksrud Karlsen |  <a href="#">Bækkelagets SK</a> | 1:21:01 | +16:55 | 12:09  |
| 11    | Kjersti Kvistad Dengerud |  <a href="#">Steinkjer OK</a>   | 1:26:18 | +22:12 | 12:57  |

| Plass | Navn                       | Organisasjon   | Tid          | Diff     | Km-tid |
|-------|----------------------------|--|--------------|----------|--------|
| 12    | Nora Synnøve Woxholth      |  <a href="#">Asker Skiklubb</a>           | 1:26:34      | +22:28   | 12:59  |
| 13    | Marie Line Furland         |  <a href="#">Sandnes IL (Rogaland)</a>    | 1:28:44      | +24:38   | 13:19  |
| 14    | Sunniva Omdal              |  <a href="#">Sandnes IL (Rogaland)</a>    | 1:30:16      | +26:10   | 13:33  |
| 15    | Åse Bergan                 |  <a href="#">Nydalens SK</a>              | 1:31:08      | +27:02   | 13:41  |
| 16    | Ingvild Paulsen Vie        |  <a href="#">Haugesund IL Orientering</a> | 1:34:31      | +30:25   | 14:11  |
| 17    | Emilie Westin              |  <a href="#">Porsgrunn OL</a>             | 1:35:50      | +31:44   | 14:23  |
| 18    | Margrethe Wisløff          |  <a href="#">Asker Skiklubb</a>           | 1:37:31      | +33:25   | 14:38  |
| 19    | Line Sølberg               |  <a href="#">OL Trollelg</a>              | 1:44:15      | +40:09   | 15:39  |
| 20    | Kårhild Husby Nordstad     |  <a href="#">Varegg Fleridrett</a>        | 1:49:06      | +45:00   | 16:22  |
| 21    | Emilie Liabakk Eriksen     |  <a href="#">Byåsen IL</a>                | 1:52:30      | +48:24   | 16:53  |
| 22    | Idunn Haavengen            |  <a href="#">Kongsberg OL</a>             | 2:02:02      | +57:56   | 18:19  |
| 23    | Oda Q Fossum               |  <a href="#">Freidig</a>                  | 2:11:51      | +1:07:45 | 19:47  |
|       | Anne Willkommen Eiken      |  <a href="#">Kongsberg OL</a>             | brutt        |          |        |
|       | Sofie Skyttersæter Iversen |  <a href="#">Heming Orientering</a>       | brutt        |          |        |
|       | Linn Hege Roso             |  <a href="#">Lardal OL</a>                | ikke startet |          |        |
|       | Hannah Malmei              |  <a href="#">Sandnes IL (Rogaland)</a>    | ikke startet |          |        |
|       | Marit Melby Jacobsen       |  <a href="#">Lardal OL</a>                | ikke startet |          |        |
|       | Vilde Malmei               |  <a href="#">NTNU</a>                    | ikke startet |          |        |

## D 21- E

9 390 m, 38 startende deltakere










































| Plass | Navn                    | Organisasjon   | Tid     | Diff   | Km-tid |
|-------|-------------------------|--|---------|--------|--------|
| 1     | Marianne Andersen       |  <a href="#">Kristiansand OK</a>    | 1:16:37 |        | 8:09   |
| 2     | Anne M Hausken Nordberg |  <a href="#">Nydalens SK</a>        | 1:18:24 | +1:47  | 8:20   |
| 3     | Andrine Benjaminsen     |  <a href="#">Lillomarka OL</a>      | 1:21:07 | +4:30  | 8:38   |
| 4     | Ida Marie Næss Bjørgul  |  <a href="#">Halden SK</a>          | 1:22:37 | +6:00  | 8:47   |
| 5     | Sigrid Alexandersen     |  <a href="#">NTNU</a>               | 1:23:29 | +6:52  | 8:53   |
| 6     | Marte Narum             |  <a href="#">Nydalens SK</a>        | 1:23:46 | +7:09  | 8:55   |
| 7     | Silje Ekroll Jahren     |  <a href="#">Raumar Orientering</a> | 1:25:49 | +9:12  | 9:08   |
| 8     | Hollie Orr              |  <a href="#">Halden SK</a>          | 1:27:32 | +10:55 | 9:19   |
| 9     | Emma Johansson          |  <a href="#">Fredrikstad SK</a>     | 1:28:17 | +11:40 | 9:24   |
| 10    | Kristine Berglia        |  <a href="#">Eiker OL</a>           | 1:28:53 | +12:16 | 9:27   |
| 11    | Eirin Svanøe-Hafstad    |  <a href="#">Frol IL</a>            | 1:30:00 | +13:23 | 9:35   |
| 12    | Eva Jurenikova          |  <a href="#">Halden SK</a>          | 1:31:47 | +15:10 | 9:46   |
| 13    | Hanne Sandstad          |  <a href="#">Freidig</a>            | 1:32:29 | +15:52 | 9:50   |
| 14    | Anine Ahlsand           |  <a href="#">NTNU</a>               | 1:33:19 | +16:42 | 9:56   |
| 15    | Ingjerd Myhre           |  <a href="#">Kongsberg OL</a>       | 1:33:58 | +17:21 | 10:00  |
| 16    | Marion Huber            |  <a href="#">Nydalens SK</a>        | 1:35:25 | +18:48 | 10:09  |
| 17    | Ingrid Gulbrandsen      |  <a href="#">NTNU</a>               | 1:36:50 | +20:13 | 10:18  |
| 18    | Jo Shepherd             |  <a href="#">Halden SK</a>          | 1:37:50 | +21:13 | 10:25  |



| Plass | Navn                    | Organisasjon   | Tid          | Diff     | Km-tid |
|-------|-------------------------|--|--------------|----------|--------|
| 19    | Agnes Leo               |  <a href="#">Halden SK</a>                    | 1:38:26      | +21:49   | 10:28  |
| 20    | Arntraut Götsch         |  <a href="#">IL BUL-Tromsø</a>                | 1:38:46      | +22:09   | 10:31  |
| 21    | Iliana Ilieva           |  <a href="#">Halden SK</a>                    | 1:40:38      | +24:01   | 10:43  |
| 22    | Line Sundsvik           |  <a href="#">Frol IL</a>                      | 1:41:31      | +24:54   | 10:48  |
| 23    | Mathilde Rundhaug       |  <a href="#">Frol IL</a>                      | 1:41:44      | +25:07   | 10:50  |
| 24    | Ingunn Egeberg Vári     |  <a href="#">NTNU</a>                         | 1:42:50      | +26:13   | 10:57  |
| 25    | Lone Brochmann          |  <a href="#">Bækkelagets SK</a>               | 1:43:46      | +27:09   | 11:03  |
| 26    | Kaja Winsnes Nordhagen  |  <a href="#">Ås-NMBU Orientering</a>          | 1:44:16      | +27:39   | 11:06  |
| 27    | Ragnhild Hjermsstad     |  <a href="#">Fossum IF</a>                    | 1:45:28      | +28:51   | 11:13  |
| 28    | Evine Westli Andersen   |  <a href="#">Løten o-lag</a>                  | 1:45:31      | +28:54   | 11:14  |
| 29    | Emilie Westli Andersen  |  <a href="#">Løten o-lag</a>                  | 1:45:47      | +29:10   | 11:15  |
| 30    | Christine Mikkelsen     |  <a href="#">IK Grane Arendal Orientering</a> | 1:46:53      | +30:16   | 11:22  |
| 31    | Karen Oline Kolstad     |  <a href="#">NTNU</a>                         | 1:48:44      | +32:07   | 11:34  |
| 32    | Siri Kollerud           |  <a href="#">Lillomarka OL</a>                | 2:01:30      | +44:53   | 12:56  |
| 33    | Ingvild Brekke          |  <a href="#">NTNU</a>                         | 2:23:16      | +1:06:39 | 15:15  |
| 34    | Karoline Dahl Fosby     |  <a href="#">NTNU</a>                         | 2:46:51      | +1:30:14 | 17:46  |
| 35    | Hildegunn Heggøy        |  <a href="#">NTNU</a>                         | 2:48:55      | +1:32:18 | 17:59  |
|       | Aurora Fossøy           |  <a href="#">NTNU</a>                         | brutt        |          |        |
|       | Marthe Gløersen         |  <a href="#">Bækkelagets SK</a>               | brutt        |          |        |
|       | Silje Arntzen           |  <a href="#">NTNU</a>                       | brutt        |          |        |
|       | Maren Grande            |  <a href="#">Frol IL</a>                    | ikke startet |          |        |
|       | Live Bredholt Jørgensen |  <a href="#">NTNU</a>                       | ikke startet |          |        |
|       | Kamilla Olaussen        |  <a href="#">Fredrikstad SK</a>             | ikke startet |          |        |
|       | Anna Ulvensøen          |  <a href="#">NTNU</a>                       | ikke startet |          |        |
|       | Maren Jansson Haverstad |  <a href="#">NTNU</a>                       | ikke startet |          |        |

## H 17-18 E

7 790 m, 67 startende deltakere

| Plass | Navn                  | Organisasjon  | Tid     | Diff   | Km-tid |
|-------|-----------------------|---|---------|--------|--------|
| 1     | Elias Jonsson         |  <a href="#">Nydalens SK</a>     | 54:37   |        | 7:00   |
| 2     | Lukas Liland          |  <a href="#">Nydalens SK</a>     | 56:53   | +2:16  | 7:18   |
| 3     | Einar Melsom          |  <a href="#">Fossum IF</a>       | 58:23   | +3:46  | 7:29   |
| 4     | Jørgen Baklid         |  <a href="#">Konnerud IL</a>     | 58:40   | +4:03  | 7:31   |
| 5     | Sander Arntzen        |  <a href="#">Asker Skiklubb</a>  | 59:38   | +5:01  | 7:39   |
| 6     | Marius Aurebekk       |  <a href="#">Kristiansand OK</a> | 1:00:38 | +6:01  | 7:47   |
| 7     | Erling Hjermsstad     |  <a href="#">Fossum IF</a>       | 1:01:10 | +6:33  | 7:51   |
| 8     | Sebastian Daland      |  <a href="#">Kristiansand OK</a> | 1:01:57 | +7:20  | 7:57   |
| 9     | Erik Hæstad Bjørnstad |  <a href="#">Fossum IF</a>       | 1:03:24 | +8:47  | 8:08   |
| 10    | Øyvind Hjermsstad     |  <a href="#">Fossum IF</a>       | 1:03:33 | +8:56  | 8:09   |
| 11    | Oskar Spets Storhov   |  <a href="#">Freidig</a>         | 1:05:38 | +11:01 | 8:25   |

| Plass | Navn                       | Organisasjon   | Tid     | Diff   | Km-tid |
|-------|----------------------------|--|---------|--------|--------|
| 12    | Niels Christian Hellerud   |  <a href="#">Halden SK</a>                      | 1:05:55 | +11:18 | 8:27   |
| 13    | Anders Haugskott           |  <a href="#">OL Trollelg</a>                    | 1:05:57 | +11:20 | 8:27   |
| 14    | Jørgen Wulfsberg           |  <a href="#">Nydalens SK</a>                    | 1:06:31 | +11:54 | 8:32   |
| 15    | Sindre R Holt              |  <a href="#">Hedrum OL</a>                      | 1:06:36 | +11:59 | 8:32   |
| 16    | Aslak Heimdal              |  <a href="#">Konnerud IL</a>                    | 1:07:07 | +12:30 | 8:36   |
| 17    | Per Clemet Wisløff         |  <a href="#">Asker Skiklubb</a>                 | 1:07:49 | +13:12 | 8:42   |
| 18    | Einar Ekeland              |  <a href="#">Oddersjaa SSK</a>                  | 1:08:00 | +13:23 | 8:43   |
| 19    | Oscar Lyngen               |  <a href="#">Freidig</a>                        | 1:08:53 | +14:16 | 8:50   |
| 20    | Johan Teodor Westly        |  <a href="#">Asker Skiklubb</a>                 | 1:10:30 | +15:53 | 9:03   |
| 21    | Bjørn Anders Flågen        |  <a href="#">Heming Orientering</a>             | 1:10:50 | +16:13 | 9:05   |
| 22    | Mats Eidsmo                |  <a href="#">Freidig</a>                        | 1:10:59 | +16:22 | 9:06   |
| 23    | Axel Hoveid                |  <a href="#">Asker Skiklubb</a>                 | 1:12:57 | +18:20 | 9:21   |
| 24    | Even Lindaas               |  <a href="#">Vang OL</a>                        | 1:13:56 | +19:19 | 9:29   |
| 25    | Oscar Hæstad Bjørnstad     |  <a href="#">Fossum IF</a>                      | 1:14:31 | +19:54 | 9:33   |
| 26    | Even-Johan Kaspersen       |  <a href="#">Mo OK</a>                          | 1:14:37 | +20:00 | 9:34   |
| 27    | Johan Christie Ørke        |  <a href="#">Stavanger Orienteringsklubb</a>    | 1:14:50 | +20:13 | 9:36   |
| 28    | Erlend Brendstuen          |  <a href="#">Halden SK</a>                      | 1:14:55 | +20:18 | 9:37   |
| 29    | Tord Strand                |  <a href="#">Kongsberg OL</a>                 | 1:15:19 | +20:42 | 9:40   |
| 30    | Jens Johan Brekke          |  <a href="#">Lillomarka OL</a>                | 1:15:25 | +20:48 | 9:40   |
| 31    | Elias Skjolden Sørensen    |  <a href="#">Lillomarka OL</a>                | 1:16:11 | +21:34 | 9:46   |
| 32    | Stian Rykkje               |  <a href="#">Varegg Fleridrett</a>            | 1:17:01 | +22:24 | 9:53   |
| 33    | Njaal Ellegaard Melby      |  <a href="#">Vang OL</a>                      | 1:18:37 | +24:00 | 10:05  |
| 34    | Alexander Repstad Storemyr |  <a href="#">Porsgrunn OL</a>                 | 1:18:57 | +24:20 | 10:08  |
| 35    | Joar Gjerdahl              |  <a href="#">Konnerud IL</a>                  | 1:19:17 | +24:40 | 10:10  |
| 36    | Petter Astrup Arnesen      |  <a href="#">Heming Orientering</a>           | 1:19:54 | +25:17 | 10:15  |
| 37    | Henrik Fredriksen Aas      |  <a href="#">Asker Skiklubb</a>               | 1:20:01 | +25:24 | 10:16  |
| 38    | Kristian Pytten            |  <a href="#">Kristiansand OK</a>              | 1:20:07 | +25:30 | 10:17  |
| 39    | Jostein Svaland Dale       |  <a href="#">Vang OL</a>                      | 1:20:19 | +25:42 | 10:18  |
| 40    | Knut Kyrkjebø              |  <a href="#">TIF Viking</a>                   | 1:20:25 | +25:48 | 10:19  |
| 41    | Mathias Vindal             |  <a href="#">Freidig</a>                      | 1:20:57 | +26:20 | 10:23  |
| 42    | Kristian Rykkje            |  <a href="#">Varegg Fleridrett</a>            | 1:21:00 | +26:23 | 10:23  |
| 43    | Håkon Lund                 |  <a href="#">Kongsberg OL</a>                 | 1:21:13 | +26:36 | 10:25  |
| 44    | Trygve Kongsbakk           |  <a href="#">Bodø og Omegn IF Orientering</a> | 1:21:27 | +26:50 | 10:27  |
| 45    | Per Ivar Stokland          |  <a href="#">Ganddal IL</a>                   | 1:22:29 | +27:52 | 10:35  |
| 46    | Audun Bergan               |  <a href="#">Nydalens SK</a>                  | 1:22:37 | +28:00 | 10:36  |
| 47    | Audun Wanvik Haugen        |  <a href="#">Stjørdals-Blink Orientering</a>  | 1:22:41 | +28:04 | 10:36  |
| 48    | Peter Gisholt              |  <a href="#">Fossum IF</a>                    | 1:23:32 | +28:55 | 10:43  |
| 49    | Sverre Narum               |  <a href="#">Vang OL</a>                      | 1:24:12 | +29:35 | 10:48  |
| 50    | Simen Ballangrud           |  <a href="#">Raufoss IL Orientering</a>       | 1:24:51 | +30:14 | 10:53  |
| 51    | Scott Juvik                |  <a href="#">IL Gular</a>                     | 1:25:30 | +30:53 | 10:58  |
| 52    | Emil Størmer               |  <a href="#">Fossum IF</a>                    | 1:26:05 | +31:28 | 11:03  |

| Plass | Navn                        | Organisasjon   | Tid          | Diff     | Km-tid |
|-------|-----------------------------|--|--------------|----------|--------|
| 53    | Mathias Rosenlund           |  <a href="#">Varegg Fleridrett</a>        | 1:27:09      | +32:32   | 11:11  |
| 54    | Ole Jørgen Bogen Arenth     |  <a href="#">Sturla, IF</a>               | 1:27:59      | +33:22   | 11:17  |
| 55    | Håkon Kornmo                |  <a href="#">Porsgrunn OL</a>             | 1:28:47      | +34:10   | 11:23  |
| 56    | Mathias Hermstad            |  <a href="#">Freidig</a>                  | 1:30:40      | +36:03   | 11:38  |
| 57    | Skjalg Nysæter              |  <a href="#">Skien OK</a>                 | 1:31:53      | +37:16   | 11:47  |
| 58    | Hans Kristian Stubban Hygen |  <a href="#">Østmarka OK</a>              | 1:32:33      | +37:56   | 11:52  |
| 59    | Ruben Kobbeltvedt           |  <a href="#">Haugesund IL Orientering</a> | 1:32:47      | +38:10   | 11:54  |
| 60    | Eskil Frøisland             |  <a href="#">Vang OL</a>                  | 1:33:48      | +39:11   | 12:02  |
| 61    | Olav Aasmundtveit Hoff      |  <a href="#">OL Tønsberg og omegn</a>     | 1:37:48      | +43:11   | 12:33  |
| 62    | Eirik Høst Fossgard         |  <a href="#">Lillomarka OL</a>            | 1:42:09      | +47:32   | 13:06  |
| 63    | Kristian Fredrik Lynum      |  <a href="#">Freidig</a>                  | 1:43:12      | +48:35   | 13:14  |
| 64    | Ludvig Williams Strømsnes   |  <a href="#">Malvik IL</a>                | 1:52:15      | +57:38   | 14:24  |
| 65    | Eyvind Kjellevoid Malde     |  <a href="#">IL Gular</a>                 | 2:04:00      | +1:09:23 | 15:55  |
| 66    | Oliver Hagaseth Mydske      |  <a href="#">Fredrikstad SK</a>           | 2:21:20      | +1:26:43 | 18:08  |
|       | Alexander Skaug Ytterbøl    |  <a href="#">Halden SK</a>                | brutt        |          |        |
|       | Rasmus Mathisen             |  <a href="#">Porsgrunn OL</a>             | ikke startet |          |        |
|       | Styrk Hundseid Kamsvåg      |  <a href="#">Fossum IF</a>                | ikke startet |          |        |

## H 19-20 E

10 720 m, 31 startende deltakere

| Plass | Navn                     | Organisasjon   | Tid     | Diff   | Km-tid |
|-------|--------------------------|--|---------|--------|--------|
| 1     | Audun Heimdal            |  <a href="#">Konnerud IL</a>                  | 1:24:31 |        | 7:53   |
| 2     | Anders Haga              |  <a href="#">Raumar Orientering</a>           | 1:24:37 | +0:06  | 7:53   |
| 3     | Håkon Raadal Bjørlo      |  <a href="#">Halden SK</a>                    | 1:25:38 | +1:07  | 7:59   |
| 4     | Vegard Gulbrandsen       |  <a href="#">Asker Skiklubb</a>               | 1:27:16 | +2:45  | 8:08   |
| 5     | Håvard Eidsmo            |  <a href="#">Freidig</a>                      | 1:28:29 | +3:58  | 8:15   |
| 6     | Johannes Bakke Aashamar  |  <a href="#">Kristiansand OK</a>              | 1:29:24 | +4:53  | 8:20   |
| 7     | Eirik Langedal Breivik   |  <a href="#">Nydalens SK</a>                  | 1:31:13 | +6:42  | 8:30   |
| 8     | Marius Pytten            |  <a href="#">Kristiansand OK</a>              | 1:31:43 | +7:12  | 8:33   |
| 9     | Ulrik Astrup Arnesen     |  <a href="#">Heming Orientering</a>           | 1:31:45 | +7:14  | 8:33   |
| 10    | Erlend Nilsen Sandnes    |  <a href="#">Emblem IL</a>                    | 1:34:07 | +9:36  | 8:46   |
| 11    | Kristian Nilsen Sandnes  |  <a href="#">Emblem IL</a>                    | 1:34:29 | +9:58  | 8:48   |
| 12    | Olav Milian Schmitt Gran |  <a href="#">Halden SK</a>                    | 1:35:05 | +10:34 | 8:52   |
| 13    | Herman Ryen Martinsen    |  <a href="#">Fredrikstad SK</a>               | 1:37:20 | +12:49 | 9:04   |
| 14    | Peter Nordbrøden         |  <a href="#">Halden SK</a>                    | 1:40:39 | +16:08 | 9:23   |
| 15    | Olav Andreas Remmen      |  <a href="#">OL Trollelg</a>                  | 1:41:13 | +16:42 | 9:26   |
| 16    | Tobias Kristensen        |  <a href="#">Larvik OK</a>                    | 1:47:41 | +23:10 | 10:02  |
| 17    | Espen Samuelsen Skiri    |  <a href="#">Bodø og Omegn IF Orientering</a> | 1:48:55 | +24:24 | 10:09  |
| 18    | Mathias Gløersen         |  <a href="#">OL Tønsberg og omegn</a>         | 1:49:07 | +24:36 | 10:10  |
| 19    | Erlend Kvittum Nytrøen   |  <a href="#">Tynset IF</a>                    | 1:59:26 | +34:55 | 11:08  |

| Plass | Navn                         | Organisasjon   | Tid          | Diff     | Km-tid |
|-------|------------------------------|--|--------------|----------|--------|
| 20    | Lars Solli                   |  <a href="#">Mo OK</a>                | 2:02:06      | +37:35   | 11:23  |
| 21    | Adrian Opheim                |  <a href="#">Freidig</a>              | 2:02:32      | +38:01   | 11:25  |
| 22    | Øystein Fruseth Christiansen |  <a href="#">OL Tønsberg og omegn</a> | 2:10:43      | +46:12   | 12:11  |
| 23    | Bjørnar Løvli                |  <a href="#">Asker Skiklubb</a>       | 2:13:51      | +49:20   | 12:29  |
| 24    | Trygve Heggedal              |  <a href="#">Kongsberg OL</a>         | 2:14:37      | +50:06   | 12:33  |
| 25    | Sander H. Rogndokken         |  <a href="#">Nydalens SK</a>          | 2:18:32      | +54:01   | 12:55  |
| 26    | Ole Martin Edstrøm           |  <a href="#">Oppsal Orientering</a>   | 2:20:28      | +55:57   | 13:06  |
| 27    | Vegard Vaeng Bernhardsen     |  <a href="#">IL BUL-Tromsø</a>        | 2:58:51      | +1:34:20 | 16:41  |
| 28    | Peter Martinus Freyborg Uran |  <a href="#">NTNU</a>                 | 3:47:36      | +2:23:05 | 21:13  |
|       | Eivind Øfsthus Gravir        |  <a href="#">Asker Skiklubb</a>       | brutt        |          |        |
|       | Sturla Frydenlund            |  <a href="#">Sturla, IF</a>           | brutt        |          |        |
|       | Markus Kjærner-Semb          |  <a href="#">Varegg Fleridrett</a>    | brutt        |          |        |
|       | Martin Borge Heir            |  <a href="#">Fossum IF</a>            | ikke startet |          |        |
|       | Jostein Tandberg             |  <a href="#">Nydalens SK</a>          | ikke startet |          |        |
|       | Brage Jørum                  |  <a href="#">Byåsen IL</a>            | ikke startet |          |        |
|       | Gjermund Tørnqvist Halden    |  <a href="#">Nydalens SK</a>          | ikke startet |          |        |
|       | Knut Aasheim                 |  <a href="#">Halden SK</a>            | ikke startet |          |        |

## H 21- E

14 710 m, 71 startende deltakere

| Plass | Navn                  | Organisasjon   | Tid     | Diff   | Km-tid |
|-------|-----------------------|--|---------|--------|--------|
| 1     | Olav Lundanes         |  <a href="#">Halden SK</a>          | 1:38:24 |        | 6:41   |
| 2     | Magne Dæhli           |  <a href="#">Halden SK</a>          | 1:41:03 | +2:39  | 6:52   |
| 3     | Gaute Hallan Steiwer  |  <a href="#">Lillomarka OL</a>      | 1:42:13 | +3:49  | 6:56   |
| 4     | Thomas Natvig Årstad  |  <a href="#">Halden SK</a>          | 1:43:27 | +5:03  | 7:01   |
| 5     | Vetle Ruud Bråten     |  <a href="#">Raumar Orientering</a> | 1:43:46 | +5:22  | 7:03   |
| 6     | Yngve Skogstad        |  <a href="#">Frol IL</a>            | 1:44:11 | +5:47  | 7:04   |
| 7     | Øystein Kvaal Østerbø |  <a href="#">Bækkelagets SK</a>     | 1:44:27 | +6:03  | 7:06   |
| 8     | Jon Aukrust Osmon     |  <a href="#">NTNU</a>               | 1:45:29 | +7:05  | 7:10   |
| 9     | Anders Nordberg       |  <a href="#">Nydalens SK</a>        | 1:46:33 | +8:09  | 7:14   |
| 10    | Eirik Kamstrup Hovind |  <a href="#">Halden SK</a>          | 1:46:36 | +8:12  | 7:14   |
| 11    | Paul Sirum            |  <a href="#">Frol IL</a>            | 1:49:04 | +10:40 | 7:24   |
| 12    | Torgeir Nørbech       |  <a href="#">IL Tyrving</a>         | 1:49:24 | +11:00 | 7:26   |
| 13    | Ulf Forseth Indgaard  |  <a href="#">Frol IL</a>            | 1:49:33 | +11:09 | 7:26   |
| 14    | Jo Forseth Indgaard   |  <a href="#">Frol IL</a>            | 1:50:15 | +11:51 | 7:29   |
| 15    | Andreas Sølberg       |  <a href="#">OL Trollelg</a>        | 1:51:00 | +12:36 | 7:32   |
| 16    | Alan Cherry           |  <a href="#">Nydalens SK</a>        | 1:52:00 | +13:36 | 7:36   |
| 17    | Bjørn Ekeberg         |  <a href="#">IL Tyrving</a>         | 1:52:20 | +13:56 | 7:38   |
| 18    | Håvard Haga           |  <a href="#">Nydalens SK</a>        | 1:52:29 | +14:05 | 7:38   |
| 19    | Markus Holter         |  <a href="#">Halden SK</a>          | 1:52:37 | +14:13 | 7:39   |



| Plass | Navn                     | Organisasjon   | Tid     | Diff     | Km-tid |
|-------|--------------------------|--|---------|----------|--------|
| 20    | Emil Granqvist           |  <a href="#">NTNU</a>                 | 1:52:49 | +14:25   | 7:40   |
| 21    | Morten Jarvis Westergård |  <a href="#">Varegg Fleridrett</a>    | 1:54:40 | +16:16   | 7:47   |
| 22    | Ivar Lundanes            |  <a href="#">Emblem IL</a>            | 1:55:03 | +16:39   | 7:49   |
| 23    | Dag Blandkjenn           |  <a href="#">Kristiansand OK</a>      | 1:55:10 | +16:46   | 7:49   |
| 24    | Håvard Lucasen           |  <a href="#">Fredrikstad SK</a>       | 1:55:43 | +17:19   | 7:51   |
| 25    | Rasmus Rørholt Theisen   |  <a href="#">NTNU</a>                 | 1:57:53 | +19:29   | 8:00   |
| 26    | Gaute Friestad           |  <a href="#">Kristiansand OK</a>      | 1:58:29 | +20:05   | 8:03   |
| 27    | Martin Vister            |  <a href="#">Frol IL</a>              | 1:58:55 | +20:31   | 8:05   |
| 28    | Espen Fiskum             |  <a href="#">Halden SK</a>            | 2:01:58 | +23:34   | 8:17   |
| 29    | Sverre Waaler Kaas       |  <a href="#">Nydalens SK</a>          | 2:02:29 | +24:05   | 8:19   |
| 30    | Vegard Blomseth Johnsen  |  <a href="#">NTNU</a>                 | 2:03:40 | +25:16   | 8:24   |
| 31    | Håvard Irgens            |  <a href="#">Kristiansand OK</a>      | 2:04:09 | +25:45   | 8:26   |
| 32    | Vyacheslav Mukhidinov    |  <a href="#">Varegg Fleridrett</a>    | 2:04:29 | +26:05   | 8:27   |
| 33    | Vegard Jarvis Westergård |  <a href="#">Varegg Fleridrett</a>    | 2:04:30 | +26:06   | 8:27   |
| 34    | Elias T. Mølsvik         |  <a href="#">NTNU</a>                 | 2:04:37 | +26:13   | 8:28   |
| 35    | Jonas Madslie Bakken     |  <a href="#">NTNU</a>                 | 2:04:51 | +26:27   | 8:29   |
| 36    | Henry McNulty            |  <a href="#">NTNU</a>                 | 2:05:25 | +27:01   | 8:31   |
| 37    | Jan Schmid               |  <a href="#">OL Trollelg</a>        | 2:05:37 | +27:13   | 8:32   |
| 38    | Magne Jutulstad          |  <a href="#">Bækkelagets SK</a>     | 2:06:21 | +27:57   | 8:35   |
| 39    | Mattis Holt              |  <a href="#">Freidig</a>            | 2:06:29 | +28:05   | 8:35   |
| 40    | Anders Felde Olausen     |  <a href="#">NTNU</a>               | 2:08:09 | +29:45   | 8:42   |
| 41    | Espen Jakobsen           |  <a href="#">IL Tyrving</a>         | 2:10:00 | +31:36   | 8:50   |
| 42    | Thomas Nipen             |  <a href="#">Bækkelagets SK</a>     | 2:10:37 | +32:13   | 8:52   |
| 43    | Magnus Svingheim         |  <a href="#">Raumar Orientering</a> | 2:11:10 | +32:46   | 8:55   |
| 44    | Lars-Inge Arnevik        |  <a href="#">Ringerike OL</a>       | 2:11:54 | +33:30   | 8:58   |
| 45    | Daniel Marston           |  <a href="#">Bækkelagets SK</a>     | 2:12:53 | +34:29   | 9:02   |
| 46    | Sverre Turter Sandvold   |  <a href="#">NTNU</a>               | 2:13:38 | +35:14   | 9:05   |
| 47    | Simen Eid Nielsen        |  <a href="#">NTNU</a>               | 2:16:30 | +38:06   | 9:16   |
| 48    | Erling Sommerfeldt       |  <a href="#">Asker Skiklubb</a>     | 2:17:26 | +39:02   | 9:20   |
| 49    | Yngve Volden             |  <a href="#">Løten o-lag</a>        | 2:19:15 | +40:51   | 9:27   |
| 50    | Lars Owren               |  <a href="#">NTNU</a>               | 2:22:51 | +44:27   | 9:42   |
| 51    | Dag Steinar Ragvin       |  <a href="#">Bø OL</a>              | 2:22:59 | +44:35   | 9:43   |
| 52    | Mathias Nipen            |  <a href="#">Bækkelagets SK</a>     | 2:25:05 | +46:41   | 9:51   |
| 53    | Henning Spjelkavik       |  <a href="#">IL Tyrving</a>         | 2:29:04 | +50:40   | 10:08  |
| 54    | Erik Gustafsson          |  <a href="#">NTNU</a>               | 2:29:14 | +50:50   | 10:08  |
| 55    | Harald Kalager           |  <a href="#">NTNU</a>               | 2:30:35 | +52:11   | 10:14  |
| 56    | Øyvind Wiggen            |  <a href="#">Byåsen IL</a>          | 2:31:22 | +52:58   | 10:17  |
| 57    | Hallvard Nordbrøden      |  <a href="#">IL BUL-Tromsø</a>      | 2:31:44 | +53:20   | 10:18  |
| 58    | Oskar Røen               |  <a href="#">Varegg Fleridrett</a>  | 2:37:24 | +59:00   | 10:42  |
| 59    | Andreas G. Polden        |  <a href="#">Gneist, IL</a>         | 2:38:40 | +1:00:16 | 10:47  |
| 60    | Ola Keiserås             |  <a href="#">IL Leik</a>            | 2:40:27 | +1:02:03 | 10:54  |



| Plass | Navn                    | Organisasjon   | Tid            | Diff     | Km-tid |
|-------|-------------------------|--|----------------|----------|--------|
| 61    | Jakob Kalvig Skogan     |  <a href="#">NTNU</a>                 | 2:44:55        | +1:06:31 | 11:12  |
| 62    | Håvard Mo Vaadal        |  <a href="#">NTNU</a>                 | 3:01:36        | +1:23:12 | 12:20  |
|       | Sindre Østgulen Deisz   |  <a href="#">NTNU</a>                 | diskvalifisert |          |        |
|       | Sindre Johannessen      |  <a href="#">Freidig</a>              | brutt          |          |        |
|       | Johan Svedberg          |  <a href="#">Heming Orienteering</a>  | brutt          |          |        |
|       | Stian Sundsvik          |  <a href="#">Frol IL</a>              | brutt          |          |        |
|       | Henrik Upsal            |  <a href="#">NTNU</a>                 | brutt          |          |        |
|       | Rune Nygaard            |  <a href="#">IL Gular</a>             | brutt          |          |        |
|       | Carl Petter Lyngen      |  <a href="#">Frol IL</a>              | brutt          |          |        |
|       | Jørgen Fiskum           |  <a href="#">Frol IL</a>              | brutt          |          |        |
|       | Anders Vister           |  <a href="#">Nydalens SK</a>          | brutt          |          |        |
|       | David Gottfridsson      |  <a href="#">Lillomarka OL</a>        | ikke startet   |          |        |
|       | Vetle Christiansen      |  <a href="#">Bækkelagets SK</a>       | ikke startet   |          |        |
|       | Oskar Størmer           |  <a href="#">Fossum IF</a>            | ikke startet   |          |        |
|       | Håvard Tveite           |  <a href="#">Ås-NMBU Orienteering</a> | ikke startet   |          |        |
|       | Emil Ahlbäck            |  <a href="#">Fossum IF</a>            | ikke startet   |          |        |
|       | Håkon Jarvis Westergård |  <a href="#">Varegg Fleridrett</a>    | ikke startet   |          |        |