









NM stafett 2017

Arrangørorganisasjon:  Halden SK

Dato: søndag 10, september 2017










**D 17**











52 startende deltakere








Plass	Navn	Ettid	Etpl	Etdiff	Tid	Vpl	Diff		
1	 <a href="#">Halden SK</a> 1				2:04:42				
	1. Kine Hallan Steiwer	41:11	3	+0:28	41:11	3	+0:28		
	2. Hollie Orr	37:42	1		1:18:53	1	-2		
	3. Ida Marie Næss Bjørgul	45:49	3	+2:22	2:04:42	1	0	0:00	
2	 <a href="#">NTNU</a> 1				2:07:16		+2:34		
	1. Anine Ahlsand	41:12	5	+0:29	41:12	5	+0:29		
	2. Maren Jansson Haverstad	40:24	3	+2:42	1:21:36	3	-2	+2:43	+2:14
	3. Sigrid Alexandersen	45:40	2	+2:13	2:07:16	2	-1	+2:34	-0:09
3	 <a href="#">IL Tyrving</a> 1				2:08:37		+3:55		
	1. Mari Jevne Arnesen	41:11	3	+0:28	41:11	3	+0:28		
	2. Linn Hokholt	43:59	12	+6:17	1:25:10	8	+5	+6:17	+5:49
	3. Betty Ann Bjerkreim Nilsen	43:27	1		2:08:37	3	-5	+3:55	
4	 <a href="#">Nydalens SK</a> 1				2:10:51		+6:09		
	1. Siri Ulvestad	40:43	1		40:43	1			
	2. Marte Narum	41:46	7	+4:04	1:22:29	4	+3	+3:36	+3:36
	3. Anne M Hausken Nordberg	48:22	5	+4:55	2:10:51	4	0	+6:09	+2:33
5	 <a href="#">NTNU</a> 2				2:14:46		+10:04		
	1. Audhild Bakken Rognstad	42:26	9	+1:43	42:26	9	+1:43		
	2. Karen Oline Kolstad	42:18	9	+4:36	1:24:44	6	-3	+5:51	+4:08
	3. Ingrid Gulbrandsen	50:02	11	+6:35	2:14:46	5	-1	+10:04	+4:13
6	 <a href="#">Fredrikstad SK</a> 1				2:15:49		+11:07		
	1. Heidi Østlid Bagstevold	40:45	2	+0:02	40:45	2	+0:02		
	2. Marie Olaussen	40:22	2	+2:40	1:21:07	2	0	+2:14	+2:12
	3. Emma Johansson	54:42	18	+11:15	2:15:49	6	+4	+11:07	+8:53
7	 <a href="#">Fossum IF</a> 1				2:17:00		+12:18		
	1. Pernille Katla	43:41	14	+2:58	43:41	14	+2:58		
	2. Ragnhild Hjermsstad	41:45	6	+4:03	1:25:26	9	-5	+6:33	+3:35

Plass	Navn	Ettid	Etpl	Etdiff	Tid	Vpl	Diff
	3. Victoria Hæstad Bjørnstad	51:34	12	+8:07	2:17:00	7 -2	+12:18 +5:45
8	 <a href="#">Eiker OL</a> 1				2:17:35		+12:53
	1. Ane Dyrkorn	42:43	12	+2:00	42:43	12	+2:00
	2. Thea Dyrkorn	46:16	17	+8:34	1:28:59	13 +1	+10:06 +8:06
	3. Kristine Berglia	48:36	7	+5:09	2:17:35	8 -5	+12:53 +2:47
9	 <a href="#">Fredrikstad SK</a> 2				2:18:32		+13:50
	1. Marit Kahrs	44:00	22	+3:17	44:00	22	+3:17
	2. Linda Solberg	46:49	18	+9:07	1:30:49	20 -2	+11:56 +8:39
	3. Marianne Riddervold Kahrs	47:43	4	+4:16	2:18:32	9 -11	+13:50 +1:54
10	 <a href="#">Frol IL</a> 1				2:19:36		+14:54
	1. Line Sundsvik	48:21	31	+7:38	48:21	31	+7:38
	2. Mathilde Rundhaug	41:50	8	+4:08	1:30:11	17 -14	+11:18 +3:40
	3. Eirin Svanøe-Hafstad	49:25	9	+5:58	2:19:36	10 -7	+14:54 +3:36
11	 <a href="#">Freidig</a> 1				2:19:42		+15:00
	1. Hanne Sandstad	41:13	6	+0:30	41:13	6	+0:30
	2. Malin Sandstad	48:31	21	+10:49	1:29:44	16 +10	+10:51 +10:21
	3. Åshild Kolstad	49:58	10	+6:31	2:19:42	11 -5	+15:00 +4:09
12	 <a href="#">Halden SK</a> 2				2:20:32		+15:50
	1. Agnes Leo	41:14	7	+0:31	41:14	7	+0:31
	2. Eva Jurenikova	42:38	10	+4:56	1:23:52	5 -2	+4:59 +4:28
	3. Jo Shepherd	56:40	23	+13:13	2:20:32	12 +7	+15:50 +10:51
13	 <a href="#">Larvik OK</a> 1				2:20:47		+16:05
	1. Runa Fremstad	43:42	16	+2:59	43:42	16	+2:59
	2. Andrine Harriet Fremstad	45:16	15	+7:34	1:28:58	12 -4	+10:05 +7:06
	3. Ingrid Undstad	51:49	13	+8:22	2:20:47	13 +1	+16:05 +6:00
14	 <a href="#">Byåsen IL</a> 1				2:23:24		+18:42
	1. Ragnhild Eide	49:25	38	+8:42	49:25	38	+8:42
	2. Mari Fasting	41:09	5	+3:27	1:30:34	18 -20	+11:41 +2:59
	3. Ingeborg Eide	52:50	16	+9:23	2:23:24	14 -4	+18:42 +7:01
15	 <a href="#">Nydalens SK</a> 2				2:24:10		+19:28
	1. Nicole Ragvin	44:05	25	+3:22	44:05	25	+3:22
	2. Ragne Wiklund	40:54	4	+3:12	1:24:59	7 -18	+6:06 +2:44
	3. Marion Huber	59:11	27	+15:44	2:24:10	15 +8	+19:28 +13:22
16	 <a href="#">Halden SK</a> 3				2:24:17		+19:35
	1. Idun Kristine Felde Olausen	42:41	11	+1:58	42:41	11	+1:58
	2. Karoline Aune	48:31	21	+10:49	1:31:12	21 +10	+12:19 +10:21
	3. Iliana Ilieva	53:05	17	+9:38	2:24:17	16 -5	+19:35 +7:16
17	 <a href="#">Fossum IF</a> 2				2:24:40		+19:58

Plass	Navn	Ettid	Etpl	Etdiff	Tid	Vpl	Diff
	1. Åsne Naadland Holo	45:25	28	+4:42	45:25	28	+4:42
	2. Julie Størmer	43:34	11	+5:52	1:28:59	13 -15	+10:06 +5:24
	3. Ingrid G. Kvålsgard	55:41	20	+12:14	2:24:40	17 +4	+19:58 +9:52
18	 <a href="#">Asker Skiklubb 1</a>				2:24:52		+20:10
	1. Tilla Farnes Hennum	44:38	27	+3:55	44:38	27	+3:55
	2. Lotte Jauhojärvi Markussen	44:14	13	+6:32	1:28:52	11 -16	+9:59 +6:04
	3. Synne Strand	56:00	22	+12:33	2:24:52	18 +7	+20:10 +10:11
19	 <a href="#">Bækkelagets SK 2</a>				2:26:47		+22:05
	1. Lene Godager Kaas	43:47	18	+3:04	43:47	18	+3:04
	2. Line Hagman	47:01	19	+9:19	1:30:48	19 +1	+11:55 +8:51
	3. Anniken Eriksrud Karlsen	55:59	21	+12:32	2:26:47	19 0	+22:05 +10:10
20	 <a href="#">IL Tyrving 2</a>				2:26:48		+22:06
	1. Kristine Fjeldbo	43:49	19	+3:06	43:49	19	+3:06
	2. Oda J Sikkeland	44:55	14	+7:13	1:28:44	10 -9	+9:51 +6:45
	3. Ida Tiltnes	58:04	25	+14:37	2:26:48	20 +10	+22:06 +12:15
21	 <a href="#">Kongsberg OL 1</a>				2:27:20		+22:38
	1. Marlin Haavengen	44:14	26	+3:31	44:14	26	+3:31
	2. Helene Eger	54:44	28	+17:02	1:38:58	25 -1	+20:05 +16:34
	3. Ingjerd Myhre	48:22	5	+4:55	2:27:20	21 -4	+22:38 +2:33
22	 <a href="#">Varegg Fleridrett 1</a>				2:30:37		+25:55
	1. Christiane Trösse	47:19	29	+6:36	47:19	29	+6:36
	2. Kårhild Husby Nordstad	54:28	27	+16:46	1:41:47	29 0	+22:54 +16:18
	3. Kristin Löfgren Johansen	48:50	8	+5:23	2:30:37	22 -7	+25:55 +3:01
23	 <a href="#">Bækkelagets SK 1</a>				2:31:38		+26:56
	1. Lone Brochmann	43:07	13	+2:24	43:07	13	+2:24
	2. Marthe Gløersen	56:24	32	+18:42	1:39:31	26 +13	+20:38 +18:14
	3. Nikoline Ekeberg Schjerve	52:07	14	+8:40	2:31:38	23 -3	+26:56 +6:18
24	 <a href="#">NTNU 3</a>				2:32:12		+27:30
	1. Anna Ulvensøen	43:50	20	+3:07	43:50	20	+3:07
	2. Ingunn Egeberg Vári	45:19	16	+7:37	1:29:09	15 -5	+10:16 +7:09
	3. Aurora Fossøy	1:03:03	32	+19:36	2:32:12	24 +9	+27:30 +17:14
25	 <a href="#">Sandefjord OK 1</a>				2:42:43		+38:01
	1. Signe Bredholt Jørgensen	43:43	17	+3:00	43:43	17	+3:00
	2. Maria Prestbøen	57:31	35	+19:49	1:41:14	28 +11	+22:21 +19:21
	3. Ella Arentz Hagen	1:01:29	29	+18:02	2:42:43	25 -3	+38:01 +15:40
26	 <a href="#">Løten o-lag 1</a>				2:44:43		+40:01
	1. Evine Westli Andersen	44:03	24	+3:20	44:03	24	+3:20










Plass	Navn	Ettid	Etpl	Etdiff	Tid	Vpl	Diff
	2. Nina Smestad	1:07:56	41	+30:14	1:51:59	37 +13	+33:06 +29:46
	3. Emilie Westli Andersen	52:44	15	+9:17	2:44:43	26 -11	+40:01 +6:55
27	 <a href="#">Porsgrunn OL</a> 1				2:46:00		+41:18
	1. Hanne Vassend	48:24	32	+7:41	48:24	32	+7:41
	2. Guro Vassend	54:22	26	+16:40	1:42:46	30 -2	+23:53 +16:12
	3. Emilie Westin	1:03:14	33	+19:47	2:46:00	27 -3	+41:18 +17:25
28	 <a href="#">Asker Skiklubb</a> 2				2:46:05		+41:23
	1. Nora Synnøve Woxholth	48:06	30	+7:23	48:06	30	+7:23
	2. Margrethe Wisløff	48:19	20	+10:37	1:36:25	24 -6	+17:32 +10:09
	3. Marit Isachsen	1:09:40	39	+26:13	2:46:05	28 +4	+41:23 +23:51
29	 <a href="#">Byåsen IL</a> 2				2:46:13		+41:31
	1. Lene Berg Hanssen	44:00	22	+3:17	44:00	22	+3:17
	2. Helen Palmer	50:53	23	+13:11	1:34:53	22 0	+16:00 +12:43
	3. Rine Hanssen	1:11:20	41	+27:53	2:46:13	29 +7	+41:31 +25:31
30	 <a href="#">Nydalens SK</a> 3				2:47:24		+42:42
	1. Ingvil Ahlsand	43:58	21	+3:15	43:58	21	+3:15
	2. Frida Bakken Ulseth	1:08:09	42	+30:27	1:52:07	39 +18	+33:14 +29:59
	3. Maria Jonsson	55:17	19	+11:50	2:47:24	30 -9	+42:42 +9:28
31	 <a href="#">Haugesund IL</a> <a href="#">Orientering</a> 1				2:47:25		+42:43
	1. Lisbeth Voll	48:56	36	+8:13	48:56	36	+8:13
	2. Kristina Voll	1:00:21	36	+22:39	1:49:17	35 -1	+30:24 +22:11
	3. Ingvild Paulsen Vie	58:08	26	+14:41	2:47:25	31 -4	+42:43 +12:19
32	 <a href="#">Ås-NMBU Orientering</a> 1				2:48:13		+43:31
	1. Kaja Winsnes Nordhagen	43:41	14	+2:58	43:41	14	+2:58
	2. Ina Catharina Storrønning	1:01:33	37	+23:51	1:45:14	32 +18	+26:21 +23:23
	3. Ingvild Maalen-Johansen	1:02:59	31	+19:32	2:48:13	32 0	+43:31 +17:10
33	 <a href="#">IL BUL-Tromsø</a> 1				2:48:51		+44:09
	1. Arntraut Götsch	42:26	9	+1:43	42:26	9	+1:43
	2. Tora Indregard	1:02:54	38	+25:12	1:45:20	33 +24	+26:27 +24:44
	3. Mathilde Korvald Skaare	1:03:31	34	+20:04	2:48:51	33 0	+44:09 +17:42
34	 <a href="#">Sandnes IL (Rogaland)</a> 1				2:51:29		+46:47
	1. Sunniva Omdal	48:35	34	+7:52	48:35	34	+7:52
	2. Marie Line Furland	56:22	31	+18:40	1:44:57	31 -3	+26:04 +18:12
	3. Marit Haavardsholm	1:06:32	36	+23:05	2:51:29	34 +3	+46:47 +20:43
35	 <a href="#">IL Tyrving</a> 3				2:56:19		+51:37
	1. Åsa Franzen	48:50	35	+8:07	48:50	35	+8:07
	2. Marianne Njåstein	56:52	33	+19:10	1:45:42	34 -1	+26:49 +18:42

Plass	Navn	Ettid	Etpl	Etdiff	Tid	Vpl	Diff
	3. Karoline Andersen	1:10:37	40	+27:10	2:56:19	35 +1	+51:37 +24:48
36	 <a href="#">NTNUJ 4</a>				2:58:54		+54:12
	1. Camilla Öhman	56:48	41	+16:05	56:48	41	+16:05
	2. Hildegunn Heggøy	55:16	30	+17:34	1:52:04	38 -3	+33:11 +17:06
	3. Ingvild Brekke	1:06:50	37	+23:23	2:58:54	36 -2	+54:12 +21:01
37	 <a href="#">Freidig 2</a>				3:02:38		+57:56
	1. Dina Reitan	57:09	42	+16:26	57:09	42	+16:26
	2. Oda Q Fossum	1:07:45	40	+30:03	2:04:54	42 0	+46:01 +29:35
	3. Gro Sandstad Eidsmo	57:44	24	+14:17	3:02:38	37 -5	+57:56 +11:55
38	 <a href="#">Raumar Orientering 1</a>				3:08:14		+1:03:32
	1. Silje Ekroll Jahren	41:23	8	+0:40	41:23	8	+0:40
	2. Anne Larsson Hovind	54:57	29	+17:15	1:36:20	23 +15	+17:27 +16:47
	3. Turid Kamstrup Hovind	1:31:54	47	+48:27	3:08:14	38 +15	+1:03:32 +46:05
39	 <a href="#">Kongsberg OL 2</a>				3:11:08		+1:06:26
	1. Kjersti Tønnessen Bergstøl	1:01:30	48	+20:47	1:01:30	48	+20:47
	2. Anne Willkommen Eiken	53:58	25	+16:16	1:55:28	40 -8	+36:35 +15:48
	3. Rikke Hjelseth Larsen	1:15:40	45	+32:13	3:11:08	39 -1	+1:06:26 +29:51
40	 <a href="#">Modum OL 1</a>				3:14:43		+1:10:01
	1. Agnes Irene Longfjeld	48:57	37	+8:14	48:57	37	+8:14
	2. Tine Hansen	1:21:49	49	+44:07	2:10:46	45 +8	+51:53 +43:39
	3. Heidi Mårtensson	1:03:57	35	+20:30	3:14:43	40 -5	+1:10:01 +18:08
41	 <a href="#">Porsgrunn OL 2</a>				3:16:07		+1:11:25
	1. Camilla L. Rosenvold	57:19	44	+16:36	57:19	44	+16:36
	2. Anna Meen	1:04:48	39	+27:06	2:02:07	41 -3	+43:14 +26:38
	3. Kjersti Adéla Westin	1:14:00	42	+30:33	3:16:07	41 0	+1:11:25 +28:11
42	 <a href="#">Konnerud IL 1</a>				3:17:35		+1:12:53
	1. Thea Sildnes Baklid	59:29	47	+18:46	59:29	47	+18:46
	2. Annette Bjørnås Krogstie	1:16:23	47	+38:41	2:15:52	47 0	+56:59 +38:13
	3. Maiken Økern Hågård	1:01:43	30	+18:16	3:17:35	42 -5	+1:12:53 +15:54
43	 <a href="#">IL Tyrving 4</a>				3:17:55		+1:13:13
	1. Solveig Eline Berg	57:23	45	+16:40	57:23	45	+16:40
	2. Synne Skjærstein	1:11:17	44	+33:35	2:08:40	43 -2	+49:47 +33:07
	3. Astrid Fiskum	1:09:15	38	+25:48	3:17:55	43 0	+1:13:13 +23:26
44	 <a href="#">IL Gular 1</a>				3:25:25		+1:20:43
	1. Eli Fjellbirkeland Johannesen	57:24	46	+16:41	57:24	46	+16:41
	2. Vibeke Øye	1:13:00	45	+35:18	2:10:24	44 -2	+51:31 +34:50
	3. Helen Martinsen	1:15:01	43	+31:34	3:25:25	44 0	+1:20:43 +29:12
45	 <a href="#">NTNUJ 5</a>				3:35:09		+1:30:27

Plass	Navn	Ettid	Etpl	Etdiff	Tid	Vpl	Diff
	1. Karoline Dahl Fosby	1:14:52	51	+34:09	1:14:52	51	+34:09
	2. Marte Hoff Hagen	1:20:48	48	+43:06	2:35:40	50 -1	+1:16:47 +42:38
	3. Ingeborg Ellegaard Melby	59:29	28	+16:02	3:35:09	45 -5	+1:30:27 +13:40
46	 <a href="#">Røyken OL</a> 1				3:36:08		+1:31:26
	1. Line Drange Ruud	1:11:33	50	+30:50	1:11:33	50	+30:50
	2. Sanna Antell	1:09:29	43	+31:47	2:21:02	48 -2	+1:02:09 +31:19
	3. Hege Holth Rekaa	1:15:06	44	+31:39	3:36:08	46 -2	+1:31:26 +29:17
47	 <a href="#">OK Moss</a> 1				3:38:25		+1:33:43
	1. Aurora Gjølsjø	54:17	39	+13:34	54:17	39	+13:34
	2. Johanne Bratland Tjernshaugen	57:23	34	+19:41	1:51:40	36 -3	+32:47 +19:13
	3. Selma Kristiansen	1:46:45	49	+1:03:18	3:38:25	47 +11	+1:33:43 +1:00:56
48	 <a href="#">Bækkelaget SK</a> 3				3:44:14		+1:39:32
	1. Mariann Ulvestad	48:31	33	+7:48	48:31	33	+7:48
	2. Louise Oram	52:36	24	+14:54	1:41:07	27 -6	+22:14 +14:26
	3. Elena Grand	2:03:07	51	+1:19:40	3:44:14	48 +21	+1:39:32 +1:17:18
49	 <a href="#">Heming Orientering</a> 1				4:03:08		+1:58:26
	1. Sofie Skyttersæter Iversen	1:05:20	49	+24:37	1:05:20	49	+24:37
	2. Rikke Skyttersæter Iversen	1:23:59	50	+46:17	2:29:19	49 0	+1:10:26 +45:49
	3. Pia Skyttersæter Iversen	1:33:49	48	+50:22	4:03:08	49 0	+1:58:26 +48:00
50	 <a href="#">Steinkjer OK</a> 1				4:04:48		+2:00:06
	1. Kjersti Kvistad Dengerud	57:16	43	+16:33	57:16	43	+16:33
	2. Vibeke Kvistad Dengerud	1:15:20	46	+37:38	2:12:36	46 +3	+53:43 +37:10
	3. Lina Kvitvang Benan	1:52:12	50	+1:08:45	4:04:48	50 +4	+2:00:06 +1:06:23
51	 <a href="#">Halden SK</a> 4				4:11:44		+2:07:02
	1. Ane Sofie Næss Bjørgul	55:35	40	+14:52	55:35	40	+14:52
	2. Elisabeth Brekke	1:50:07	51	+1:12:25	2:45:42	51 +11	+1:26:49 +1:11:57
	3. Hanna Lye Moum	1:26:02	46	+42:35	4:11:44	51 0	+2:07:02 +40:13
	 <a href="#">NTNU</a> 6				diskvalifisert		
	1. Solveig Blandkjenn	diskvalifisert			diskvalifisert		
	2. Maria Dahl Fosby	diskvalifisert			diskvalifisert		
	3.	diskvalifisert			diskvalifisert		

**H 17**


87 startende deltakere









Plass	Navn	Ettid	Etpl	Etdiff	Tid	Vpl	Diff
1	 <a href="#">Halden SK</a> 1				1:59:55		
	1. Eirik Kamstrup Hovind	41:30	12	+2:05	41:30	12	+2:05
	2. Magne Dæhli	36:17	1		1:17:47	1	-11
	3. Olav Lundanes	42:08	1		1:59:55	1	0
2	 <a href="#">Nydalens SK</a> 1				2:03:00		+3:05
	1. Anders Nordberg	39:29	3	+0:04	39:29	3	+0:04
	2. Elias Jonsson	38:30	2	+2:13	1:17:59	2	-1 +0:12 +0:08
	3. Ralph Street	45:01	9	+2:53	2:03:00	2	0 +3:05 +2:53
3	 <a href="#">Halden SK</a> 2				2:03:06		+3:11
	1. Håkon Raadal Bjørlo	39:25	1		39:25	1	
	2. Markus Holter	39:46	4	+3:29	1:19:11	3	+2 +1:24 +1:24
	3. Thomas Natvig Årstad	43:55	5	+1:47	2:03:06	3	0 +3:11 +1:47
4	 <a href="#">IL Tyrving</a> 1				2:03:17		+3:22
	1. Torgeir Nørbech	39:25	1		39:25	1	
	2. Anders Tiltnes	40:28	8	+4:11	1:19:53	4	+3 +2:06 +2:06
	3. Bjørn Ekeberg	43:24	4	+1:16	2:03:17	4	0 +3:22 +1:16
5	 <a href="#">Frol IL</a> 1				2:03:56		+4:01
	1. Ulf Forseth Indgaard	40:36	6	+1:11	40:36	6	+1:11
	2. Yngve Skogstad	39:21	3	+3:04	1:19:57	5	-1 +2:10 +0:59
	3. Paul Sirum	43:59	6	+1:51	2:03:56	5	0 +4:01 +1:51
6	 <a href="#">Varegg Fleridrett</a> 1				2:07:02		+7:07
	1. Morten Jarvis Westergård	43:11	21	+3:46	43:11	21	+3:46
	2. Vegard Jarvis Westergård	41:14	13	+4:57	1:24:25	10	-11 +6:38 +2:52
	3. Håkon Jarvis Westergård	42:37	3	+0:29	2:07:02	6	-4 +7:07 +0:29
7	 <a href="#">Lillomarka OL</a> 1				2:07:06		+7:11
	1. Matthew Speake	43:43	29	+4:18	43:43	29	+4:18
	2. Nicholas Oskarsson	40:49	10	+4:32	1:24:32	12	-17 +6:45 +2:27
	3. Gaute Hallan Steiwer	42:34	2	+0:26	2:07:06	7	-5 +7:11 +0:26
8	 <a href="#">NTNU</a> 1				2:07:27		+7:32
	1. Rasmus Rørholt Theisen	40:42	8	+1:17	40:42	8	+1:17
	2. Emil Granqvist	41:48	15	+5:31	1:22:30	8	0 +4:43 +3:26
	3. Jon Aukrust Osmoen	44:57	8	+2:49	2:07:27	8	0 +7:32 +2:49
9	 <a href="#">Nydalens SK</a> 2				2:07:40		+7:45
	1. Lukas Liland	40:50	9	+1:25	40:50	9	+1:25
	2. Håvard Haga	40:24	7	+4:07	1:21:14	7	-2 +3:27 +2:02






Plass	Navn	Ettid	Etpl	Etdiff	Tid	Vpl	Diff
10	3. Alan Cherry	46:26	14	+4:18	2:07:40	9 +2	+7:45 +4:18
	 <a href="#">Frol IL</a> 2				2:10:56		+11:01
	1. Carl Petter Lyngen	40:31	4	+1:06	40:31	4	+1:06
	2. Martin Vister	39:57	5	+3:40	1:20:28	6 +2	+2:41 +1:35
11	3. Jo Forseth Indgaard	50:28	25	+8:20	2:10:56	10 +4	+11:01 +8:20
	 <a href="#">Raumar Orientering</a> 1				2:11:18		+11:23
	1. Magnus Svingheim	46:59	37	+7:34	46:59	37	+7:34
	2. Anders Haga	39:58	6	+3:41	1:26:57	16 -21	+9:10 +1:36
12	3. Vetle Ruud Bråten	44:21	7	+2:13	2:11:18	11 -5	+11:23 +2:13
	 <a href="#">Fredrikstad SK</a> 1				2:11:21		+11:26
	1. Hans Petter Mathisen	44:10	34	+4:45	44:10	34	+4:45
	2. Mattias Karlsson	41:15	14	+4:58	1:25:25	13 -21	+7:38 +2:53
13	3. Håvard Lucasen	45:56	10	+3:48	2:11:21	12 -1	+11:26 +3:48
	 <a href="#">NTNUJ</a> 3				2:13:46		+13:51
	1. Olai Stensland Lillevold	41:28	11	+2:03	41:28	11	+2:03
	2. Elias T. Møltnvik	42:20	16	+6:03	1:23:48	9 -2	+6:01 +3:58
14	3. Vegard Blomseth Johnsen	49:58	24	+7:50	2:13:46	13 +4	+13:51 +7:50
	 <a href="#">Fossum IF</a> 1				2:15:05		+15:10
	1. Einar Melsom	42:55	17	+3:30	42:55	17	+3:30
	2. Emil Ahlbäck	42:31	17	+6:14	1:25:26	14 -3	+7:39 +4:09
15	3. Erling Hjermsstad	49:39	23	+7:31	2:15:05	14 0	+15:10 +7:31
	 <a href="#">Nydalens SK</a> 3				2:15:20		+15:25
	1. Bojan Blumenstein	41:26	10	+2:01	41:26	10	+2:01
	2. Sverre Waaler Kaas	47:38	32	+11:21	1:29:04	21 +11	+11:17 +9:16
16	3. Anders Vister	46:16	12	+4:08	2:15:20	15 -6	+15:25 +4:08
	 <a href="#">Asker Skiklubb</a> 1				2:16:32		+16:37
	1. Sander Arntzen	41:33	13	+2:08	41:33	13	+2:08
	2. Henrik Fredriksen Aas	46:50	28	+10:33	1:28:23	19 +6	+10:36 +8:28
17	3. Vegard Gulbrandsen	48:09	18	+6:01	2:16:32	16 -3	+16:37 +6:01
	 <a href="#">Fredrikstad SK</a> 2				2:16:53		+16:58
	1. Herman Ryen Martinsen	42:56	18	+3:31	42:56	18	+3:31
	2. Christian Riddervold Kahrs	42:46	18	+6:29	1:25:42	15 -3	+7:55 +4:24
18	3. Audun Bjerkreim Nilsen	51:11	28	+9:03	2:16:53	17 +2	+16:58 +9:03
	 <a href="#">Konnerud IL</a> 1				2:16:54		+16:59
	1. Aslak Heimdal	48:10	45	+8:45	48:10	45	+8:45
	2. Jørgen Baklid	41:08	12	+4:51	1:29:18	22 -23	+11:31 +2:46
19	3. Audun Heimdal	47:36	15	+5:28	2:16:54	18 -4	+16:59 +5:28
	 <a href="#">Kristiansand OK</a> 1				2:18:02		+18:07
	1. Håvard Irgens	49:28	51	+10:03	49:28	51	+10:03



Plass	Navn	Ettid	Etpl	Etdiff	Tid	Vpl	Diff
	2. Gaute Friestad	40:39	9	+4:22	1:30:07	26 -25	+12:20 +2:17
	3. Vegard Danielsen	47:55	17	+5:47	2:18:02	19 -7	+18:07 +5:47
20	 <a href="#">Fredrikstad SK 3</a>				2:19:37		+19:42
	1. Andreas Høye	43:34	27	+4:09	43:34	27	+4:09
	2. Sindre Østhagen	40:52	11	+4:35	1:24:26	11 -16	+6:39 +2:30
	3. Henrik Ottesen	55:11	43	+13:03	2:19:37	20 +9	+19:42 +13:03
21	 <a href="#">Halden SK 3</a>				2:20:01		+20:06
	1. Espen Nordbrøden Fiskum	42:53	16	+3:28	42:53	16	+3:28
	2. Peter Nordbrøden	50:47	44	+14:30	1:33:40	31 +15	+15:53 +12:25
	3. Emil Wingstedt	46:21	13	+4:13	2:20:01	21 -10	+20:06 +4:13
22	 <a href="#">OL Trollelg 1</a>				2:20:03		+20:08
	1. Trond Einar Moen Pedersli	41:36	14	+2:11	41:36	14	+2:11
	2. Jan Schmid	50:47	44	+14:30	1:32:23	28 +14	+14:36 +12:25
	3. Andreas Sølberg	47:40	16	+5:32	2:20:03	22 -6	+20:08 +5:32
23	 <a href="#">Emblem IL 1</a>				2:20:11		+20:16
	1. Asgeir Bakken Rognstad	43:44	30	+4:19	43:44	30	+4:19
	2. Erlend Nilsen Sandnes	44:10	20	+7:53	1:27:54	17 -13	+10:07 +5:48
	3. Kristian Nilsen Sandnes	52:17	32	+10:09	2:20:11	23 +6	+20:16 +10:09
24	 <a href="#">Kristiansand OK 2</a>				2:21:00		+21:05
	1. Marius Aurebekk	46:05	35	+6:40	46:05	35	+6:40
	2. Sebastian Daland	44:01	19	+7:44	1:30:06	25 -10	+12:19 +5:39
	3. Johannes Bakke Aashamar	50:54	26	+8:46	2:21:00	24 -1	+21:05 +8:46
25	 <a href="#">NTNUJ 2</a>				2:21:12		+21:17
	1. Anders Felde Olausen	43:13	22	+3:48	43:13	22	+3:48
	2. Jonas Madslie Bakken	49:14	39	+12:57	1:32:27	29 +7	+14:40 +10:52
	3. Sindre Østgulen Deisz	48:45	20	+6:37	2:21:12	25 -4	+21:17 +6:37
26	 <a href="#">Bækkelagets SK 1</a>				2:21:19		+21:24
	1. Karl Fremstad	47:18	38	+7:53	47:18	38	+7:53
	2. Rune Olsen	47:48	34	+11:31	1:35:06	34 -4	+17:19 +9:26
	3. Øystein Kvaal Østerbø	46:13	11	+4:05	2:21:19	26 -8	+21:24 +4:05
27	 <a href="#">Frol IL 3</a>				2:21:37		+21:42
	1. Stian Sundsvik	40:32	5	+1:07	40:32	5	+1:07
	2. Lars Sandstad Skjeset	48:00	35	+11:43	1:28:32	20 +15	+10:45 +9:38
	3. Andreas Svingheim Magerøy	53:05	34	+10:57	2:21:37	27 +7	+21:42 +10:57
28	 <a href="#">Oppsal Orientering 1</a>				2:22:56		+23:01
	1. Kristoffer Fiane Pedersen	43:27	24	+4:02	43:27	24	+4:02
	2. Sigve Vågsnes	46:04	26	+9:47	1:29:31	24 0	+11:44 +7:42











Plass	Navn	Ettid	Etpl	Etdiff	Tid	Vpl	Diff		
	3. Olav Johannes Deelstra	53:25	36	+11:17	2:22:56	28	+4	+23:01	+11:17
29	 <a href="#">Freidig 2</a>				2:23:16			+23:21	
	1. Mats Eidsmo	43:36	28	+4:11	43:36	28		+4:11	
	2. Oscar Lyngen	45:53	24	+9:36	1:29:29	23	-5	+11:42	+7:31
	3. Mattis Holt	53:47	37	+11:39	2:23:16	29	+6	+23:21	+11:39
30	 <a href="#">Varegg Fleridrett 2</a>				2:23:29			+23:34	
	1. Per Harald Löfgren Johansen	47:28	43	+8:03	47:28	43		+8:03	
	2. Vyacheslav Mukhidinov	47:35	30	+11:18	1:35:03	33	-10	+17:16	+9:13
	3. Oskar Røen	48:26	19	+6:18	2:23:29	30	-3	+23:34	+6:18
31	 <a href="#">NTNUJ 6</a>				2:24:25			+24:30	
	1. Henrik Upsal	49:30	52	+10:05	49:30	52		+10:05	
	2. Harald Kalager	45:37	22	+9:20	1:35:07	35	-17	+17:20	+7:15
	3. Bjørn Lundanes	49:18	22	+7:10	2:24:25	31	-4	+24:30	+7:10
32	 <a href="#">Søgne og Songdalen OK</a>				2:24:44			+24:49	
	1. Kjell Erik Røisland	44:07	32	+4:42	44:07	32		+4:42	
	2. Jarl Magnus Berge	46:26	27	+10:09	1:30:33	27	-5	+12:46	+8:04
	3. Leiv-Terje Arnevik	54:11	40	+12:03	2:24:44	32	+5	+24:49	+12:03
33	 <a href="#">Fossum IF 2</a>				2:26:28			+26:33	
	1. Erik Hæstad Bjørnstad	40:36	6	+1:11	40:36	6		+1:11	
	2. Oskar Størmer	47:22	29	+11:05	1:27:58	18	+12	+10:11	+9:00
	3. Øyvind Hjermstad	58:30	51	+16:22	2:26:28	33	+15	+26:33	+16:22
34	 <a href="#">Heming Orientering 1</a>				2:31:05			+31:10	
	1. Harald Astrup Arnesen	49:27	50	+10:02	49:27	50		+10:02	
	2. Bjørn Anders Flågen	52:23	49	+16:06	1:41:50	48	-2	+24:03	+14:01
	3. Ulrik Astrup Arnesen	49:15	21	+7:07	2:31:05	34	-14	+31:10	+7:07
35	 <a href="#">IL Leik 1</a>				2:31:11			+31:16	
	1. Jonas Unsgård	47:28	43	+8:03	47:28	43		+8:03	
	2. Ola Keiserås	50:36	41	+14:19	1:38:04	42	-1	+20:17	+12:14
	3. Oskar André	53:07	35	+10:59	2:31:11	35	-7	+31:16	+10:59
36	 <a href="#">Bækkelagets SK 3</a>				2:31:19			+31:24	
	1. Mathias Nipen	47:27	42	+8:02	47:27	42		+8:02	
	2. Thomas Nipen	48:34	36	+12:17	1:36:01	37	-5	+18:14	+10:12
	3. Felix Breitschädel	55:18	44	+13:10	2:31:19	36	-1	+31:24	+13:10
37	 <a href="#">Løten o-lag 1</a>				2:31:26			+31:31	
	1. Marius Øie	47:19	40	+7:54	47:19	40		+7:54	
	2. Yngve Volden	45:43	23	+9:26	1:33:02	30	-10	+15:15	+7:21
	3. Ove Antvord Haugereid	58:24	50	+16:16	2:31:26	37	+7	+31:31	+16:16
38	 <a href="#">Bækkelagets SK 2</a>				2:31:30			+31:35	
	1. Magne Jutulstad	43:47	31	+4:22	43:47	31		+4:22	

Plass	Navn	Ettid	Etpl	Etdiff	Tid	Vpl	Diff
	2. Martin Schälli	53:50	51	+17:33	1:37:37	41 +10	+19:50 +15:28
	3. Håvard Myhre	53:53	38	+11:45	2:31:30	38 -3	+31:35 +11:45
39	 <a href="#">Kristiansand OK 3</a>				2:31:51		+31:56
	1. Matias H. Hanisch	49:09	46	+9:44	49:09	46	+9:44
	2. Marianne Andersen	46:02	25	+9:45	1:35:11	36 -10	+17:24 +7:40
	3. Morten Jørgensen	56:40	49	+14:32	2:31:51	39 +3	+31:56 +14:32
40	 <a href="#">Freidig 1</a>				2:32:19		+32:24
	1. Håvard Eidsmo	42:56	18	+3:31	42:56	18	+3:31
	2. Oskar Spets Storhov	57:22	61	+21:05	1:40:18	45 +27	+22:31 +19:00
	3. Sindre Johannessen	52:01	30	+9:53	2:32:19	40 -5	+32:24 +9:53
41	 <a href="#">Fossum IF 3</a>				2:33:17		+33:22
	1. Oscar Hæstad Bjørnstad	49:24	49	+9:59	49:24	49	+9:59
	2. Styrk Hundseid Kamsvåg	47:43	33	+11:26	1:37:07	40 -9	+19:20 +9:21
	3. Martin Borge Heir	56:10	48	+14:02	2:33:17	41 +1	+33:22 +14:02
42	 <a href="#">IL Tyrving 2</a>				2:33:43		+33:48
	1. Espen Jakobsen	42:36	15	+3:11	42:36	15	+3:11
	2. Emil Jönsson	59:15	65	+22:58	1:41:51	49 +34	+24:04 +20:53
	3. Jim Øystein Nybråten	51:52	29	+9:44	2:33:43	42 -7	+33:48 +9:44
43	 <a href="#">Halden SK 4</a>				2:34:02		+34:07
	1. Niels Christian Hellerud	43:32	26	+4:07	43:32	26	+4:07
	2. Erlend Brendstuen	55:22	55	+19:05	1:38:54	43 +17	+21:07 +17:00
	3. Olav Milian Schmitt Gran	55:08	42	+13:00	2:34:02	43 0	+34:07 +13:00
44	 <a href="#">OL Trollelg 2</a>				2:35:08		+35:13
	1. Anders Haugskott	43:09	20	+3:44	43:09	20	+3:44
	2. Tommy Schmid	57:49	62	+21:32	1:40:58	46 +26	+23:11 +19:27
	3. Olav Andreas Remmen	54:10	39	+12:02	2:35:08	44 -2	+35:13 +12:02
45	 <a href="#">Asker Skiklubb 2</a>				2:36:41		+36:46
	1. Erling Sommerfeldt	52:43	61	+13:18	52:43	61	+13:18
	2. Johan Teodor Westly	48:38	37	+12:21	1:41:21	47 -14	+23:34 +10:16
	3. Per Clemet Wisløff	55:20	45	+13:12	2:36:41	45 -2	+36:46 +13:12
46	 <a href="#">Porsgrunn OL 1</a>				2:36:48		+36:53
	1. Alexander Repstad Storemyr	53:22	63	+13:57	53:22	63	+13:57
	2. Håkon Kornmo	50:43	42	+14:26	1:44:05	52 -11	+26:18 +12:21
	3. Thore Kornmo	52:43	33	+10:35	2:36:48	46 -6	+36:53 +10:35
47	 <a href="#">Nydalens SK 4</a>				2:37:02		+37:07
	1. Halvor Saunes	54:06	64	+14:41	54:06	64	+14:41
	2. Jørgen Wulfsberg	50:46	43	+14:29	1:44:52	55 -9	+27:05 +12:24
	3. Sindre Rønning	52:10	31	+10:02	2:37:02	47 -8	+37:07 +10:02
48	 <a href="#">Oppsal Orientering 2</a>				2:37:03		+37:08

Plass	Navn	Ettid	Etpl	Etdiff	Tid	Vpl	Diff
	1. Jan Andreas Edstrøm	47:22	41	+7:57	47:22	41	+7:57
	2. Thor Mella	49:31	40	+13:14	1:36:53	38 -3	+19:06 +11:09
	3. Ola Marius Pedersen	1:00:10	54	+18:02	2:37:03	48 +10	+37:08 +18:02
49	 <a href="#">Kongsberg OL</a> 1				2:40:32		+40:37
	1. Mathias Drage	51:23	60	+11:58	51:23	60	+11:58
	2. Damien Renard	45:34	21	+9:17	1:36:57	39 -21	+19:10 +7:12
	3. Tord Strand	1:03:35	58	+21:27	2:40:32	49 +10	+40:37 +21:27
50	 <a href="#">NTNUJ</a> 5				2:42:55		+43:00
	1. Gustav Fiskum	1:00:25	75	+21:00	1:00:25	75	+21:00
	2. Erik Gustafson	51:26	47	+15:09	1:51:51	64 -11	+34:04 +13:04
	3. Simen Eid Nielsen	51:04	27	+8:56	2:42:55	50 -14	+43:00 +8:56
51	 <a href="#">NTNUJ</a> 7				2:45:22		+45:27
	1. Håkon Fruseth Christiansen	43:15	23	+3:50	43:15	23	+3:50
	2. Håvard Mo Vaadal	1:01:37	71	+25:20	1:44:52	55 +32	+27:05 +23:15
	3. Jakob Kalvig Skogan	1:00:30	56	+18:22	2:45:22	51 -4	+45:27 +18:22
52	 <a href="#">Fredrikstad SK</a> 4				2:46:28		+46:33
	1. Espen Danevad	50:04	55	+10:39	50:04	55	+10:39
	2. Per Olaussen	49:07	38	+12:50	1:39:11	44 -11	+21:24 +10:45
	3. Håvard Berget	1:07:17	61	+25:09	2:46:28	52 +8	+46:33 +25:09
53	 <a href="#">Freidig</a> 3				2:47:04		+47:09
	1. Kristian Fredrik Lynum	58:09	71	+18:44	58:09	71	+18:44
	2. Adrian Opheim	54:17	52	+18:00	1:52:26	65 -6	+34:39 +15:55
	3. Tomas Eidsmo	54:38	41	+12:30	2:47:04	53 -12	+47:09 +12:30
54	 <a href="#">Nydalens SK</a> 5				2:49:50		+49:55
	1. Mikal Brastad Larsen	47:18	38	+7:53	47:18	38	+7:53
	2. Sondre Ruud Bråten	54:45	53	+18:28	1:42:03	50 +12	+24:16 +16:23
	3. Sander H. Rogndokken	1:07:47	63	+25:39	2:49:50	54 +4	+49:55 +25:39
55	 <a href="#">Asker Skiklubb</a> 3				2:50:02		+50:07
	1. Trygve Myhr	57:59	67	+18:34	57:59	67	+18:34
	2. Axel Hoveid	51:30	48	+15:13	1:49:29	61 -6	+31:42 +13:08
	3. Per Wiréhn	1:00:33	57	+18:25	2:50:02	55 -6	+50:07 +18:25
56	 <a href="#">Indre Østfold OK</a> 1				2:50:25		+50:30
	1. Bjørn Erik Glomsrud	49:19	48	+9:54	49:19	48	+9:54
	2. Håkon Gjerde	54:50	54	+18:33	1:44:09	54 +6	+26:22 +16:28
	3. Thomas Bedin	1:06:16	60	+24:08	2:50:25	56 +2	+50:30 +24:08
57	 <a href="#">Varegg Fleridrett</a> 3				2:51:13		+51:18
	1. Kristian Rykkje	59:23	74	+19:58	59:23	74	+19:58
	2. Stian Rykkje	55:54	56	+19:37	1:55:17	68 -6	+37:30 +17:32
	3. Markus Kjærner-Semb	55:56	46	+13:48	2:51:13	57 -11	+51:18 +13:48
58	 <a href="#">Kristiansand OK</a> 4				2:53:00		+53:05

Plass	Navn	Ettid	Etpl	Etdiff	Tid	Vpl	Diff
	1. Kristian Pytten	46:06	36	+6:41	46:06	36	+6:41
	2. Holger Hott	47:36	31	+11:19	1:33:42	32 -4	+15:55 +9:14
	3. Jan Blandkjenn	1:19:18	74	+37:10	2:53:00	58 +26	+53:05 +37:10
59	 <a href="#">IL Gular</a> 1				2:54:32		+54:37
	1. Rune Nygaard	44:09	33	+4:44	44:09	33	+4:44
	2. Eyvind Kjellevoid Malde	59:59	69	+23:42	1:44:08	53 +20	+26:21 +21:37
	3. Scott Juvik	1:10:24	67	+28:16	2:54:32	59 +6	+54:37 +28:16
60	 <a href="#">Oppsal Orientering</a> 3				2:54:43		+54:48
	1. Bent Erik Skaug	50:45	56	+11:20	50:45	56	+11:20
	2. Ludvig Rødnes	1:03:34	73	+27:17	1:54:19	67 +11	+36:32 +25:12
	3. Erik Persson	1:00:24	55	+18:16	2:54:43	60 -7	+54:48 +18:16
61	 <a href="#">Lillomarka OL</a> 2				2:54:49		+54:54
	1. Jens Johan Brekke	50:03	54	+10:38	50:03	54	+10:38
	2. Elias Skjolden Sørensen	57:03	60	+20:46	1:47:06	58 +4	+29:19 +18:41
	3. Kristian Markhus Brekke	1:07:43	62	+25:35	2:54:49	61 +3	+54:54 +25:35
62	 <a href="#">Bø OL</a> 1				2:54:54		+54:59
	1. Lars Steinar Hefre	50:52	57	+11:27	50:52	57	+11:27
	2. Sigve Botnen	1:04:40	75	+28:23	1:55:32	69 +12	+37:45 +26:18
	3. Dag Steinar Ragvin	59:22	52	+17:14	2:54:54	62 -7	+54:59 +17:14
63	 <a href="#">Kongsberg OL</a> 2				2:56:05		+56:10
	1. Håkon Lund	51:06	58	+11:41	51:06	58	+11:41
	2. Sølve Drage	1:05:09	76	+28:52	1:56:15	70 +12	+38:28 +26:47
	3. Trygve Heggedal	59:50	53	+17:42	2:56:05	63 -7	+56:10 +17:42
64	 <a href="#">Oppsal Orientering</a> 4				2:56:18		+56:23
	1. Are Wigaard	50:02	53	+10:37	50:02	53	+10:37
	2. Lavran Thorstensen	57:01	59	+20:44	1:47:03	57 +4	+29:16 +18:39
	3. Ole Martin Edstrøm	1:09:15	64	+27:07	2:56:18	64 +7	+56:23 +27:07
65	 <a href="#">Fossum IF</a> 4				2:56:38		+56:43
	1. Emil Størmer	57:49	66	+18:24	57:49	66	+18:24
	2. Peter Gisholt	1:02:50	72	+26:33	2:00:39	74 +8	+42:52 +24:28
	3. Leif Størmer	55:59	47	+13:51	2:56:38	65 -9	+56:43 +13:51
66	 <a href="#">IL Tyrving</a> 4				2:58:05		+58:10
	1. Gunnar A Fiskum	51:21	59	+11:56	51:21	59	+11:56
	2. Are Kristiansen	56:23	58	+20:06	1:47:44	59 0	+29:57 +18:01
	3. Bjørn Tore Mathisen	1:10:21	66	+28:13	2:58:05	66 +7	+58:10 +28:13
67	 <a href="#">OK Moss</a> 1				3:01:13		+1:01:18
	1. Tore Bjørnerød	53:08	62	+13:43	53:08	62	+13:43
	2. Henning Bratland Carlsen	58:07	63	+21:50	1:51:15	63 +1	+33:28 +19:45
	3. Torgeir Snilsberg	1:09:58	65	+27:50	3:01:13	67 +4	+1:01:18 +27:50
68	 <a href="#">Mo OK</a> 1				3:01:30		+1:01:35

Plass	Navn	Ettid	Etpl	Etdiff	Tid	Vpl	Diff
	1. Even-Johan Kaspersen	43:31	25	+4:06	43:31	25	+4:06
	2. Lars Solli	59:28	66	+23:11	1:42:59	51	+26 +25:12 +21:06
	3. Håvard Rokkan	1:18:31	73	+36:23	3:01:30	68	+17 +1:01:35 +36:23
69	 <a href="#">Vang OL</a> 1				3:06:47		+1:06:52
	1. Even Lindaas	58:02	68	+18:37	58:02	68	+18:37
	2. Sverre Narum	1:04:28	74	+28:11	2:02:30	75	+7 +44:43 +26:06
	3. Njaal Ellegaard Melby	1:04:17	59	+22:09	3:06:47	69	-6 +1:06:52 +22:09
70	 <a href="#">Asker Skiklubb</a> 4				3:09:45		+1:09:50
	1. Bjørnar Løvli	58:04	69	+18:39	58:04	69	+18:39
	2. Eivind Øfsthus Gravir	55:55	57	+19:38	1:53:59	66	-3 +36:12 +17:33
	3. Tommy Jauhojärvi	1:15:46	72	+33:38	3:09:45	70	+4 +1:09:50 +33:38
71	 <a href="#">Sturla, IF</a> 1				3:09:53		+1:09:58
	1. Ole Jørgen Bogen Arenth	58:08	70	+18:43	58:08	70	+18:43
	2. Sturla Frydenlund	59:52	68	+23:35	1:58:00	72	+2 +40:13 +21:30
	3. Tibor Vári	1:11:53	68	+29:45	3:09:53	71	-1 +1:09:58 +29:45
72	 <a href="#">Larvik OK</a> 1				3:10:24		+1:10:29
	1. Tobias Kristensen	49:13	47	+9:48	49:13	47	+9:48
	2. Jørgen Frøyd	59:42	67	+23:25	1:48:55	60	+13 +31:08 +21:20
	3. Anders Bjørningstad Kristoffersen	1:21:29	75	+39:21	3:10:24	72	+12 +1:10:29 +39:21
73	 <a href="#">Porsgrunn OL</a> 2				3:11:21		+1:11:26
	1. Dag Ausen	55:56	65	+16:31	55:56	65	+16:31
	2. Kjell Westin	1:01:15	70	+24:58	1:57:11	71	+6 +39:24 +22:53
	3. Hans Christian Meen	1:14:10	70	+32:02	3:11:21	73	+2 +1:11:26 +32:02
74	 <a href="#">Lillomarka OL</a> 3				3:17:17		+1:17:22
	1. Brynjar Fredheim	58:21	73	+18:56	58:21	73	+18:56
	2. Arne Dybdahl	1:06:44	77	+30:27	2:05:05	76	+3 +47:18 +28:22
	3. Vidar Benjaminsen	1:12:12	69	+30:04	3:17:17	74	-2 +1:17:22 +30:04
75	 <a href="#">OK Moss</a> 3				3:20:51		+1:20:56
	1. Hallvard Koren	1:12:41	77	+33:16	1:12:41	77	+33:16
	2. Øystein Olsen	53:10	50	+16:53	2:05:51	77	0 +48:04 +14:48
	3. Thomas Tubbehaugen	1:15:00	71	+32:52	3:20:51	75	-2 +1:20:56 +32:52
76	 <a href="#">OK Moss</a> 2				3:22:15		+1:22:20
	1. Øyvind Løken	1:00:30	76	+21:05	1:00:30	76	+21:05
	2. Thomas Roskifte	58:26	64	+22:09	1:58:56	73	-3 +41:09 +20:04
	3. Erik Rytter Jakobsen	1:23:19	76	+41:11	3:22:15	76	+3 +1:22:20 +41:11
77	 <a href="#">Bodø og Omegn IF</a> <a href="#">Orientering</a> 1				3:29:11		+1:29:16
	1. Trygve Kongsbakk	58:09	71	+18:44	58:09	71	+18:44
	2. Espen Samuelsen Skiri	51:21	46	+15:04	1:49:30	62	-9 +31:43 +12:59
	3. Torkel Irgens	1:39:41	77	+57:33	3:29:11	77	+15 +1:29:16 +57:33

Plass	Navn	Ettid	Etpl	Etdiff	Tid	Vpl	Diff
78	 <a href="#">OL Tønsberg og omegn</a>				3:09:47		+1:09:52
	1						
	1. Mathias Gløersen	1:10:36	81	+31:11	1:10:36	81	+31:11
	2. Trym B Island	1:00:55	78	+24:38	2:11:31	78 -3	+53:44 +22:33
	3. Øystein Frusest Christiansen	58:16	78	+16:08	3:09:47	78 0	+1:09:52 +16:08
79	 <a href="#">Nydalens SK</a> 6				3:43:19		+1:43:24
	1. Torstein Hole	1:08:55	80	+29:30	1:08:55	80	+29:30
	2. Børge Pedersen	1:26:29	81	+50:12	2:35:24	81 +1	+1:17:37 +48:07
	3. Kyongsa Ri	1:07:55	79	+25:47	3:43:19	79 -2	+1:43:24 +25:47
80	 <a href="#">Raumar Orientering</a> 2				3:58:16		+1:58:21
	1. Ståle Sønsterudbråten	58:35	79	+19:10	58:35	79	+19:10
	2. Robin Larsson	1:14:01	80	+37:44	2:12:36	79 0	+54:49 +35:39
	3. Tron Erik Hovind	1:45:40	81	+1:03:32	3:58:16	80 +1	+1:58:21 +1:03:32
81	 <a href="#">Vang OL</a> 2				4:11:31		+2:11:36
	1. Jostein Svaland Dale	54:11	78	+14:46	54:11	78	+14:46
	2. Fredrik Sveen	1:58:45	82	+1:22:28	2:52:56	82 +4	+1:35:09 +1:20:23
	3. Ole Johan Bråten	1:18:35	80	+36:27	4:11:31	81 -1	+2:11:36 +36:27
82	 <a href="#">NTNUI</a> 8				4:21:00		+2:21:05
	1. Arne Johannes Løkken	1:15:09	82	+35:44	1:15:09	82	+35:44
	2. Peter Martinus Freyborg Uran	1:11:57	79	+35:40	2:27:06	80 -2	+1:09:19 +33:35
	3. Espen Stornes	1:53:54	82	+1:11:46	4:21:00	82 +2	+2:21:05 +1:11:46
	 <a href="#">Bækkelagets SK</a> 4				diskvalifisert		
	1. Eirik Watterdal	diskvalifisert			diskvalifisert		
	2. Raphael Ferrand	diskvalifisert			diskvalifisert		
	3. Kristian Ruud	diskvalifisert			diskvalifisert		
	 <a href="#">Emblem IL</a> 2				diskvalifisert		
	1. Kjetil Okkenhaug	diskvalifisert			diskvalifisert		
	2. Ingrid Lundanes	diskvalifisert			diskvalifisert		
	3. Markus Glad	diskvalifisert			diskvalifisert		
	 <a href="#">IL Tyrving</a> 3				diskvalifisert		
	1. Vegard Ruttenborg	diskvalifisert			diskvalifisert		
	2. Mathias Stensland Lillevold	diskvalifisert			diskvalifisert		
	3. Torbjørn Sagberg	diskvalifisert			diskvalifisert		
	 <a href="#">Skien OK</a> 1				diskvalifisert		
	1. Gisle Nysæter	diskvalifisert			diskvalifisert		
	2. Skjalg Nysæter	diskvalifisert			diskvalifisert		
	3. Frode Nysæter	diskvalifisert			diskvalifisert		
	 <a href="#">NTNUI</a> 4				brutt		
	1. Henry McNulty	brutt			brutt		

<b>Plass</b>	<b>Navn</b>	<b>Ettid</b>	<b>Etpl</b>	<b>Etdiff</b>	<b>Tid</b>	<b>Vpl</b>	<b>Diff</b>
2.	Sverre Turter Sandvold	brutt			brutt		
3.	Lars Owren	brutt			brutt		