









NM stafett 2018


Arrangørorganisasjon:  Vegårshei IL











Dato: søndag 16 september 2018

**D 17**







44 startende deltakere

Plass	Navn	Ettid	Etpl	Etdiff	Tid	Vpl	Diff
1	 <a href="#">Fredrikstad SK</a> 1				1:46:59		
	1. Marianne Riddervold Kahrs	35:00	5	+4:32	35:00	5	+4:32
	2. Marie Olaussen	36:16	3	+1:31	1:11:16	2 -3	+1:55 -2:37
	3. Kamilla Olaussen	35:43	2	+0:27	1:46:59	1 -1	-1:55
2	 <a href="#">NTNUJ</a> 2				1:50:11		+3:12
	1. Tonje Vassend	34:48	4	+4:20	34:48	4	+4:20
	2. Anine Ahlsand	37:38	4	+2:53	1:12:26	4 0	+3:05 -1:15
	3. Anna Ulvensøen	37:45	5	+2:29	1:50:11	2 -2	+3:12 +0:07
3	 <a href="#">NTNUJ</a> 1				1:50:26		+3:27
	1. Ingrid Gulbrandsen	36:37	12	+6:09	36:37	12	+6:09
	2. Maren Jansson Haverstad	34:45	1		1:11:22	3 -9	+2:01 -4:08
	3. Ingrid Lundanes	39:04	9	+3:48	1:50:26	3 0	+3:27 +1:26
4	 <a href="#">Halden SK</a> 1				1:51:38		+4:39
	1. Lizzie Ingham	34:17	2	+3:49	34:17	2	+3:49
	2. Jo Shepherd	35:04	2	+0:19	1:09:21	1 -1	-3:49
	3. Kine Hallan Steiwer	42:17	16	+7:01	1:51:38	4 +3	+4:39 +4:39
5	 <a href="#">Nydalens SK</a> 1				1:51:40		+4:41
	1. Ragne Wiklund	36:08	10	+5:40	36:08	10	+5:40
	2. Anne M Hausken Nordberg	38:40	9	+3:55	1:14:48	5 -5	+5:27 -0:13
	3. Siri Ulvestad	36:52	3	+1:36	1:51:40	5 0	+4:41 -0:46
6	 <a href="#">Emblem IL</a> 1				1:51:53		+4:54
	1. Audhild Bakken Rognstad	36:37	12	+6:09	36:37	12	+6:09
	2. Vilde Årøen Lykke	38:13	7	+3:28	1:14:50	6 -6	+5:29 -0:40
	3. Emma Johansson	37:03	4	+1:47	1:51:53	6 0	+4:54 -0:35
7	 <a href="#">Byåsen IL</a> 1				1:54:54		+7:55
	1. Mari Fasting	34:23	3	+3:55	34:23	3	+3:55
	2. Ragnhild Eide	42:13	19	+7:28	1:16:36	9 +6	+7:15 +3:20
	3. Ingeborg Eide	38:18	7	+3:02	1:54:54	7 -2	+7:55 +0:40
8	 <a href="#">IL Tyrving</a> 1				1:56:04		+9:05
	1. Oda J Sikkeland	35:22	6	+4:54	35:22	6	+4:54
	2. Ida Tiltnes	42:25	20	+7:40	1:17:47	14 +8	+8:26 +3:32

Plass	Navn	Ettid	Etpl	Etdiff	Tid	Vpl	Diff
	3. Kristine Fjeldbo	38:17	6	+3:01	1:56:04	8 -6	+9:05 +0:39
9	 Fossum IF 1				1:56:35		+9:36
	1. Julie Størmer	40:05	24	+9:37	40:05	24	+9:37
	2. Ragnhild Hjermsstad	37:51	5	+3:06	1:17:56	15 -9	+8:35 -1:02
	3. Victoria Hæstad Bjørnstad	38:39	8	+3:23	1:56:35	9 -6	+9:36 +1:01
10	 Halden SK 2				1:56:43		+9:44
	1. Hedda Raadal Bjørlo	38:23	23	+7:55	38:23	23	+7:55
	2. Idun Kristine Felde Olausen	39:15	10	+4:30	1:17:38	11 -12	+8:17 +0:22
	3. Eva Jurenikova	39:05	10	+3:49	1:56:43	10 -1	+9:44 +1:27
11	 Konnerud IL 1				1:58:11		+11:12
	1. Andrea Ranvik	37:00	16	+6:32	37:00	16	+6:32
	2. Jenny Baklid	37:54	6	+3:09	1:14:54	7 -9	+5:33 -0:59
	3. Maiken Økern Hågård	43:17	18	+8:01	1:58:11	11 +4	+11:12 +5:39
12	 Bækkelagets SK 1				1:58:39		+11:40
	1. Kine Gulliksen	37:06	18	+6:38	37:06	18	+6:38
	2. Marthe Gløersen	40:32	12	+5:47	1:17:38	11 -7	+8:17 +1:39
	3. Lone Brochmann	41:01	14	+5:45	1:58:39	12 +1	+11:40 +3:23
13	 Nydalens SK 2				1:59:02		+12:03
	1. Marion Huber	37:09	19	+6:41	37:09	19	+6:41
	2. Marie Liland	41:49	17	+7:04	1:18:58	17 -2	+9:37 +2:56
	3. Tone Bergerud Lye	40:04	12	+4:48	1:59:02	13 -4	+12:03 +2:26
14	 Asker Skiklubb 1				2:02:21		+15:22
	1. Synne Strand	37:00	16	+6:32	37:00	16	+6:32
	2. Lotte Jauhojärvi Markussen	38:30	8	+3:45	1:15:30	8 -8	+6:09 -0:23
	3. Tilla Farnes Hennem	46:51	23	+11:35	2:02:21	14 +6	+15:22 +9:13
15	 Fossum IF 2				2:03:03		+16:04
	1. Pernille Katla	35:38	8	+5:10	35:38	8	+5:10
	2. Karen Hoel Jomaas	42:07	18	+7:22	1:17:45	13 +5	+8:24 +3:14
	3. Ingrid G. Kvålsgard	45:18	20	+10:02	2:03:03	15 +2	+16:04 +7:40
16	 Byåsen IL 2				2:03:26		+16:27
	1. Lene Berg Hanssen	36:10	11	+5:42	36:10	11	+5:42
	2. Emma Arnesen	41:05	16	+6:20	1:17:15	10 -1	+7:54 +2:12
	3. Helen Palmer	46:11	21	+10:55	2:03:26	16 +6	+16:27 +8:33
17	 Lillomarka OL 1				2:04:54		+17:55
	1. Delphine Poirot	44:28	35	+14:00	44:28	35	+14:00
	2. Karoline Sønsterudbråten	45:10	27	+10:25	1:29:38	27 -8	+20:17 +6:17
	3. Andrine Benjaminsen	35:16	1		2:04:54	17 -10	+17:55 -2:22
18	 NTNU 3				2:05:06		+18:07
	1. Marta Ulvensøen	40:50	26	+10:22	40:50	26	+10:22
	2. Vilde Malmei	40:45	14	+6:00	1:21:35	20 -6	+12:14 +1:52

Plass	Navn	Ettid	Etpl	Etdiff	Tid	Vpl	Diff		
	3. Åsne Skram Trømborg	43:31	19	+8:15	2:05:06	18	-2	+18:07	+5:53
19	 <a href="#">Larvik OK</a> 1				2:05:50			+18:51	
	1. Runa Fremstad	37:23	20	+6:55	37:23	20		+6:55	
	2. Elin Bjerva	40:43	13	+5:58	1:18:06	16	-4	+8:45	+1:50
	3. Ingrid Undstad	47:44	24	+12:28	2:05:50	19	+3	+18:51	+10:06
20	 <a href="#">Freidig</a> 1				2:06:04			+19:05	
	1. Hanne Sandstad	35:27	7	+4:59	35:27	7		+4:59	
	2. Vera Melkild	47:45	30	+13:00	1:23:12	22	+15	+13:51	+8:52
	3. Malin Sandstad	42:52	17	+7:36	2:06:04	20	-2	+19:05	+5:14
21	 <a href="#">Vegårshei IL</a> 1				2:06:50			+19:51	
	1. Karine Vestøl	40:51	27	+10:23	40:51	27		+10:23	
	2. Julie Nærestad	45:31	28	+10:46	1:26:22	26	-1	+17:01	+6:38
	3. Synnøve Bråten	40:28	13	+5:12	2:06:50	21	-5	+19:51	+2:50
22	 <a href="#">Kongsberg OL</a> 1				2:11:52			+24:53	
	1. Kjersti Tønnessen Bergstøl	48:14	36	+17:46	48:14	36		+17:46	
	2. Marlin Haavengen	43:37	22	+8:52	1:31:51	31	-5	+22:30	+4:44
	3. Ingjerd Myhre	40:01	11	+4:45	2:11:52	22	-9	+24:53	+2:23
23	 <a href="#">Eiker OL</a> 1				2:14:06			+27:07	
	1. Ane Dyrkorn	43:05	29	+12:37	43:05	29		+12:37	
	2. Thea Dyrkorn	49:10	33	+14:25	1:32:15	33	+4	+22:54	+10:17
	3. Kristine Berglia	41:51	15	+6:35	2:14:06	23	-10	+27:07	+4:13
24	 <a href="#">Kongsberg OL</a> 2				2:14:30			+27:31	
	1. Helene Eger	42:01	28	+11:33	42:01	28		+11:33	
	2. Tale Strand	43:44	23	+8:59	1:25:45	25	-3	+16:24	+4:51
	3. Ingvild Langeggen	48:45	26	+13:29	2:14:30	24	-1	+27:31	+11:07
25	 <a href="#">Fossum IF</a> 3				2:14:32			+27:33	
	1. Gunvor Hov Høydal	36:56	15	+6:28	36:56	15		+6:28	
	2. Åsne Naadland Holo	43:57	24	+9:12	1:20:53	19	+4	+11:32	+5:04
	3. Rikke Blakkestad Ingesen	53:39	31	+18:23	2:14:32	25	+6	+27:33	+16:01
26	 <a href="#">Porsgrunn OL</a> 1				2:16:22			+29:23	
	1. Hanne Vassend	37:39	21	+7:11	37:39	21		+7:11	
	2. Elise Ausen	52:21	36	+17:36	1:30:00	28	+7	+20:39	+13:28
	3. Kari Aarhus Kinn	46:22	22	+11:06	2:16:22	26	-2	+29:23	+8:44
27	 <a href="#">NTNU</a> 4				2:18:11			+31:12	
	1. Hannah Malmei	38:12	22	+7:44	38:12	22		+7:44	
	2. Silje Arntzen	51:48	35	+17:03	1:30:00	28	+6	+20:39	+12:55
	3. Aurora Fossøy	48:11	25	+12:55	2:18:11	27	-1	+31:12	+10:33
28	 <a href="#">IL Tyrving</a> 2				2:22:09			+35:10	
	1. Solveig Blandkjenn	43:26	31	+12:58	43:26	31		+12:58	
	2. Linn Hokholt	41:03	15	+6:18	1:24:29	24	-7	+15:08	+2:10
	3. Synne Skjærstein	57:40	33	+22:24	2:22:09	28	+4	+35:10	+20:02

Plass	Navn	Ettid	Etpl	Etdiff	Tid	Vpl	Diff
29	 <a href="#">NTNU</a> 5				2:25:19		+38:20
	1. Lene Therese Myrland	48:33	37	+18:05	48:33	37	+18:05
	2. Anniken Eriksrud Karlsen	43:34	21	+8:49	1:32:07	32 -5	+22:46 +4:41
	3. Ingvild Ramtvedt Næsset	53:12	30	+17:56	2:25:19	29 -3	+38:20 +15:34
30	 <a href="#">IL BUL-Tromsø</a> 1				2:27:54		+40:55
	1. Arntraut Götsch	36:41	14	+6:13	36:41	14	+6:13
	2. Tora Indregard	45:04	26	+10:19	1:21:45	21 +7	+12:24 +6:11
	3. Ane-Marte Borg Hanssen	1:06:09	36	+30:53	2:27:54	30 +9	+40:55 +28:31
31	 <a href="#">Varegg Fleridrett</a> 1				2:29:46		+42:47
	1. Mari Strømme Lid	52:05	40	+21:37	52:05	40	+21:37
	2. Christiane Trösse	45:56	29	+11:11	1:38:01	35 -5	+28:40 +7:03
	3. Tora Aasheim Nymark	51:45	28	+16:29	2:29:46	31 -4	+42:47 +14:07
32	Oppsal/Raumar 1				2:29:53		+42:54
	1. Kristine Rapp	54:14	41	+23:46	54:14	41	+23:46
	2. Ane Sofie Krogh	44:49	25	+10:04	1:39:03	37 -4	+29:42 +5:56
	3. Vigdis Hobøl	50:50	27	+15:34	2:29:53	32 -5	+42:54 +13:12
33	 <a href="#">Konnerud IL</a> 2				2:30:28		+43:29
	1. Anniken Ranvik	35:57	9	+5:29	35:57	9	+5:29
	2. Amanda Skyttersæter Saugerud	1:02:24	39	+27:39	1:38:21	36 +27	+29:00 +23:31
	3. Thea Sildnes Baklid	52:07	29	+16:51	2:30:28	33 -3	+43:29 +14:29
34	 <a href="#">NTNU</a> 6				2:30:36		+43:37
	1. Ingvild Wang	43:42	33	+13:14	43:42	33	+13:14
	2. Ingvild Brekke	51:01	34	+16:16	1:34:43	34 +1	+25:22 +12:08
	3. Idunn Haavengen	55:53	32	+20:37	2:30:36	34 0	+43:37 +18:15
35	 <a href="#">Halden SK</a> 3				2:31:06		+44:07
	1. Karoline Aune	40:42	25	+10:14	40:42	25	+10:14
	2. Bodil Helgerud	39:15	10	+4:30	1:19:57	18 -7	+10:36 +0:22
	3. Irene Felde Olaussen	1:11:09	39	+35:53	2:31:06	35 +17	+44:07 +33:31
36	 <a href="#">Kongsberg OL</a> 3				2:37:52		+50:53
	1. Aurora Moholth	43:16	30	+12:48	43:16	30	+12:48
	2. Andrea Vanebo	48:09	31	+13:24	1:31:25	30 0	+22:04 +9:16
	3. Kathinka Rogstad	1:06:27	37	+31:11	2:37:52	36 +6	+50:53 +28:49
37	 <a href="#">Kristiansand OK</a> 1				2:40:18		+53:19
	1. Marianne Andersen	30:28	1		30:28	1	
	2. Christiane Ruud Bøckman	52:59	37	+18:14	1:23:27	23 +22	+14:06 +14:06
	3. Inga Vestøl Stødle	1:16:51	41	+41:35	2:40:18	37 +14	+53:19 +39:13
38	 <a href="#">Nydalens SK</a> 3				2:46:19		+59:20
	1. Emilie Westin	43:30	32	+13:02	43:30	32	+13:02
	2. Marianne Dæhli	1:02:41	40	+27:56	1:46:11	40 +8	+36:50 +23:48
	3. Ingvil Ahlsand	1:00:08	34	+24:52	2:46:19	38 -2	+59:20 +22:30

Plass	Navn	Ettid	Etpl	Etdiff	Tid	Vpl	Diff
39	 <a href="#">Asker Skiklubb 2</a>				2:47:13		+1:00:14
	1. Margrethe Wisløff	44:24	34	+13:56	44:24	34	+13:56
	2. Anna Øfsthus Gravir	59:52	38	+25:07	1:44:16	39 +5	+34:55 +20:59
	3. Marianne Mellbye Larsen	1:02:57	35	+27:41	2:47:13	39 0	+1:00:14 +25:19
40	 <a href="#">Hisøy OK 1</a>				2:51:18		+1:04:19
	1. Silje Hauge	51:11	38	+20:43	51:11	38	+20:43
	2. Malin Hauge	48:54	32	+14:09	1:40:05	38 0	+30:44 +10:01
	3. Anna Sofie Hoff	1:11:13	40	+35:57	2:51:18	40 +2	+1:04:19 +33:35
41	 <a href="#">Nydalens SK 4</a>				3:03:06		+1:16:07
	1. Ada Wulfsberg	51:58	39	+21:30	51:58	39	+21:30
	2. Martha Kalvig Skogan	1:02:57	41	+28:12	1:54:55	41 +2	+45:34 +24:04
	3. Frida Bakken Ulseth	1:08:11	38	+32:55	3:03:06	41 0	+1:16:07 +30:33
42	 <a href="#">Torridal IL 1</a>				3:24:36		+1:37:37
	1. Kristin Mestad	1:10:59	42	+40:31	1:10:59	42	+40:31
	2. Mette Mestad	58:24	42	+23:39	2:09:23	42 0	+1:00:02 +19:31
	3. Bente Mestad	1:15:13	42	+39:57	3:24:36	42 0	+1:37:37 +37:35
	 <a href="#">Porsgrunn OL 2</a>				diskvalifisert		
	1. Guro Vassend	diskvalifisert			diskvalifisert		
	2. Anna Meen	diskvalifisert			diskvalifisert		
	3. Kjersti Adéla Westin	diskvalifisert			diskvalifisert		
	 <a href="#">Lillomarka OL 2</a>				brutt		
	1. Maria Rørvik Haver	brutt			brutt		
	2. Oda Marie Colquhoun	brutt			brutt		
	3. Charlotte Watson	brutt			brutt		











## H 17

76 startende deltakere

Plass	Navn	Ettid	Etpl	Etdiff	Tid	Vpl	Diff
1	 <a href="#">Nydalens SK 1</a>				2:10:39		
	1. Eirik Langedal Breivik	40:44	1		40:44	1	
	2. Anders Nordberg	40:46	1		1:21:30	1 0	0:00
	3. Jon Aukrust Osmoen	49:09	6	+4:19	2:10:39	1 0	0:00
2	 <a href="#">IL Tyrving 1</a>				2:11:23		+0:44
	1. Ivar Lundanes	41:44	4	+1:00	41:44	4	+1:00
	2. Torgeir Nørbech	41:41	2	+0:55	1:23:25	2 -2	+1:55 +0:55
	3. Bjørn Ekeberg	47:58	4	+3:08	2:11:23	2 0	+0:44 -1:11
3	 <a href="#">Halden SK 1</a>				2:11:49		+1:10
	1. Niels Christian Hellerud	43:50	11	+3:06	43:50	11	+3:06
	2. Thomas Natvig Årstad	43:09	6	+2:23	1:26:59	7 -4	+5:29 +2:23
	3. Magne Dæhli	44:50	1		2:11:49	3 -4	+1:10 -4:19











Plass	Navn	Ettid	Etpl	Etdiff	Tid	Vpl	Diff
4	 <a href="#">Bækkalagets SK 1</a>				2:13:33		+2:54
	1. Carl Godager Kaas	41:49	6	+1:05	41:49	6	+1:05
	2. Øystein Kvaal Østerbø	41:42	3	+0:56	1:23:31	3	-3 +2:01 +0:56
	3. Ralph Street	50:02	10	+5:12	2:13:33	4	+1 +2:54 +0:53
5	 <a href="#">Nydalens SK 2</a>				2:13:45		+3:06
	1. Anders Vister	41:02	3	+0:18	41:02	3	+0:18
	2. Håvard Haga	43:17	8	+2:31	1:24:19	4	+1 +2:49 +2:31
	3. Lukas Liland	49:26	7	+4:36	2:13:45	5	+1 +3:06 +0:17
6	 <a href="#">Frol IL 1</a>				2:14:50		+4:11
	1. Carl Petter Lyngeb	43:39	10	+2:55	43:39	10	+2:55
	2. Stian Sundsvik	43:20	9	+2:34	1:26:59	7	-3 +5:29 +2:34
	3. Paul Sirum	47:51	3	+3:01	2:14:50	6	-1 +4:11 -1:18
7	 <a href="#">Kristiansand OK 1</a>				2:15:22		+4:43
	1. Dag Blandkjenn	42:41	7	+1:57	42:41	7	+1:57
	2. Sebastian Daland	44:33	11	+3:47	1:27:14	10	+3 +5:44 +3:47
	3. Vegard Danielsen	48:08	5	+3:18	2:15:22	7	-3 +4:43 -1:01
8	 <a href="#">NTNU I 1</a>				2:16:57		+6:18
	1. Olai Stensland Lillevold	42:49	8	+2:05	42:49	8	+2:05
	2. Elias T. Møltnvik	43:22	10	+2:36	1:26:11	6	-2 +4:41 +2:36
	3. Vegard Jarvis Westergård	50:46	11	+5:56	2:16:57	8	+2 +6:18 +1:37
9	 <a href="#">Bækkalagets SK 2</a>				2:17:02		+6:23
	1. Sindre Sandven	44:14	20	+3:30	44:14	20	+3:30
	2. Matthew Speake	42:59	5	+2:13	1:27:13	9	-11 +5:43 +2:13
	3. Simen Hjalmar Wästlund	49:49	9	+4:59	2:17:02	9	0 +6:23 +0:40
10	 <a href="#">Varegg Fleridrett 1</a>				2:17:11		+6:32
	1. Oskar Røen	41:47	5	+1:03	41:47	5	+1:03
	2. Håkon Jarvis Westergård	43:09	6	+2:23	1:24:56	5	0 +3:26 +2:23
	3. Kristian Rykkje	52:15	14	+7:25	2:17:11	10	+5 +6:32 +3:06
11	 <a href="#">Fredrikstad SK 1</a>				2:20:22		+9:43
	1. Espen Nordbrøden Fiskum	44:23	24	+3:39	44:23	24	+3:39
	2. Hans Petter Mathisen	42:54	4	+2:08	1:27:17	11	-13 +5:47 +2:08
	3. Gaute Hallan Steiwer	53:05	16	+8:15	2:20:22	11	0 +9:43 +3:56
12	 <a href="#">Fossum IF 1</a>				2:21:18		+10:39
	1. Oskar Størmer	43:36	9	+2:52	43:36	9	+2:52
	2. Erling Hjermsstad	45:34	14	+4:48	1:29:10	12	+3 +7:40 +4:48
	3. Emil Ahlbäck	52:08	13	+7:18	2:21:18	12	0 +10:39 +2:59
13	 <a href="#">Heming Orientering 1</a>				2:21:22		+10:43
	1. Harald Astrup Arnesen	44:04	15	+3:20	44:04	15	+3:20
	2. Bjørn Anders Flågen	49:41	28	+8:55	1:33:45	26	+11 +12:15 +8:55
	3. Kasper Fosser	47:37	2	+2:47	2:21:22	13	-13 +10:43 -1:32
14	 <a href="#">IL Vindbjart 1</a>				2:24:50		+14:11











Plass	Navn	Ettid	Etpl	Etdiff	Tid	Vpl	Diff
	1. Gjermund Steinsland	46:20	35	+5:36	46:20	35	+5:36
	2. Jostein Moe	48:45	20	+7:59	1:35:05	28 -7	+13:35 +7:59
	3. Hans Gunnar Omdal	49:45	8	+4:55	2:24:50	14 -14	+14:11 +0:36
15	 <a href="#">Nydalens SK</a> 4				2:25:33		+14:54
	1. Henrik Eijsink	44:22	23	+3:38	44:22	23	+3:38
	2. Lars Young Vik	48:46	21	+8:00	1:33:08	18 -5	+11:38 +8:00
	3. Bojan Blumenstein	52:25	15	+7:35	2:25:33	15 -3	+14:54 +3:16
16	 <a href="#">NTNUJ</a> 2				2:25:40		+15:01
	1. Vegard Blomseth Johnsen	44:24	25	+3:40	44:24	25	+3:40
	2. Anders Felde Olaussen	45:24	13	+4:38	1:29:48	14 -11	+8:18 +4:38
	3. Simen Aamodt	55:52	23	+11:02	2:25:40	16 +2	+15:01 +6:43
17	 <a href="#">IL Tyrving</a> 2				2:26:15		+15:36
	1. Vegard Ruttenborg	44:07	16	+3:23	44:07	16	+3:23
	2. Anders Tiltnes	47:28	15	+6:42	1:31:35	15 -1	+10:05 +6:42
	3. Espen Jakobsen	54:40	19	+9:50	2:26:15	17 +2	+15:36 +5:31
18	 <a href="#">Nydalens SK</a> 3				2:26:51		+16:12
	1. Isak Jonsson	50:21	44	+9:37	50:21	44	+9:37
	2. Eirik Kamstrup Hovind	44:37	12	+3:51	1:34:58	27 -17	+13:28 +3:51
	3. Alan Cherry	51:53	12	+7:03	2:26:51	18 -9	+16:12 +2:44
19	 <a href="#">IL Leik</a> 1				2:27:27		+16:48
	1. Oskar Andrén	44:15	21	+3:31	44:15	21	+3:31
	2. Ola Keiserås	49:04	23	+8:18	1:33:19	20 -1	+11:49 +8:18
	3. Andreas Sjøberg	54:08	17	+9:18	2:27:27	19 -1	+16:48 +4:59
20	 <a href="#">NTNUJ</a> 3				2:28:09		+17:30
	1. Håkon Frusest Christiansen	44:26	26	+3:42	44:26	26	+3:42
	2. Olav Milian Schmitt Gran	48:51	22	+8:05	1:33:17	19 -7	+11:47 +8:05
	3. Tobias Kristensen	54:52	21	+10:02	2:28:09	20 +1	+17:30 +5:43
21	 <a href="#">Kristiansand OK</a> 2				2:29:22		+18:43
	1. Håvard Wedege	44:08	17	+3:24	44:08	17	+3:24
	2. Marius Aurebekk	48:00	17	+7:14	1:32:08	17 0	+10:38 +7:14
	3. Marius Pytten	57:14	27	+12:24	2:29:22	21 +4	+18:43 +8:05
22	 <a href="#">Freidig</a> 1				2:29:34		+18:55
	1. Mats Eidsmo	45:49	30	+5:05	45:49	30	+5:05
	2. Simen Spets Storhov	49:17	26	+8:31	1:35:06	29 -1	+13:36 +8:31
	3. Oskar Spets Storhov	54:28	18	+9:38	2:29:34	22 -7	+18:55 +5:19
23	 <a href="#">Fredrikstad SK</a> 2				2:30:05		+19:26
	1. Herman Ryen Martinsen	44:11	19	+3:27	44:11	19	+3:27
	2. Bendik Eliassen	49:15	25	+8:29	1:33:26	22 +3	+11:56 +8:29
	3. Per Olaussen	56:39	26	+11:49	2:30:05	23 +1	+19:26 +7:30
24	 <a href="#">Halden SK</a> 2				2:31:43		+21:04
	1. Emil Wingstedt	40:50	2	+0:06	40:50	2	+0:06











Plass	Navn	Ettid	Etpl	Etdiff	Tid	Vpl	Diff
	2. Mats Nordbrøden	48:43	19	+7:57	1:29:33	13	+11 +8:03 +7:57
	3. Øyvind Helgerud	1:02:10	34	+17:20	2:31:43	24	+11 +21:04 +13:01
25	 <a href="#">Kongsberg OL</a> 1				2:32:04		+21:25
	1. Damien Renard	44:01	13	+3:17	44:01	13	+3:17
	2. Bjørn Haavengen	49:42	30	+8:56	1:33:43	24	+11 +12:13 +8:56
	3. Mathias Drage	58:21	29	+13:31	2:32:04	25	+1 +21:25 +9:12
26	 <a href="#">Kristiansand OK</a> 3				2:32:31		+21:52
	1. Morten Jørgensen	47:50	39	+7:06	47:50	39	+7:06
	2. Petter Marki Erichsen	49:52	31	+9:06	1:37:42	31	-8 +16:12 +9:06
	3. Eirik Heddeland Martens	54:49	20	+9:59	2:32:31	26	-5 +21:52 +5:40
27	 <a href="#">Nydalens SK</a> 5				2:32:40		+22:01
	1. Øystein Pettersen	44:16	22	+3:32	44:16	22	+3:32
	2. Halvor Tørnqvist Halden	49:06	24	+8:20	1:33:22	21	-1 +11:52 +8:20
	3. Gjermund Tørnqvist Halden	59:18	31	+14:28	2:32:40	27	+6 +22:01 +10:09
28	 <a href="#">Fossum IF</a> 2				2:35:02		+24:23
	1. Øyvind Hjermstad	44:03	14	+3:19	44:03	14	+3:19
	2. Martin Borge Heir	49:41	28	+8:55	1:33:44	25	+11 +12:14 +8:55
	3. Tarjei Holo	1:01:18	33	+16:28	2:35:02	28	+3 +24:23 +12:09
29	 <a href="#">Søgne og Songdalen OK</a> 1				2:38:50		+28:11
	1. Kjell Erik Røisland	49:56	43	+9:12	49:56	43	+9:12
	2. Leiv-Terje Arnevik	53:16	35	+12:30	1:43:12	37	-6 +21:42 +12:30
	3. Jarl Magnus Berge	55:38	22	+10:48	2:38:50	29	-8 +28:11 +6:29
30	 <a href="#">Oppsal Orientering</a> 1				2:39:25		+28:46
	1. Sigve Vågsnes	46:04	33	+5:20	46:04	33	+5:20
	2. Olav Johannes Deelstra	53:36	36	+12:50	1:39:40	32	-1 +18:10 +12:50
	3. Kristoffer Fiane Pedersen	59:45	32	+14:55	2:39:25	30	-2 +28:46 +10:36
31	 <a href="#">Varegg Fleridrett</a> 2				2:39:52		+29:13
	1. Markus Kjærner-Semb	44:10	18	+3:26	44:10	18	+3:26
	2. Stian Rykkje	59:06	46	+18:20	1:43:16	38	+20 +21:46 +18:20
	3. Vyacheslav Mukhidinov	56:36	25	+11:46	2:39:52	31	-7 +29:13 +7:27
32	 <a href="#">IL Tyrving</a> 3				2:40:03		+29:24
	1. Karl Fremstad	43:58	12	+3:14	43:58	12	+3:14
	2. Styrk Hundseid Kamsvåg	48:05	18	+7:19	1:32:03	16	+4 +10:33 +7:19
	3. Erik Thorsson	1:08:00	43	+23:10	2:40:03	32	+16 +29:24 +18:51
33	 <a href="#">Vegårshei IL</a> 1				2:41:29		+30:50
	1. Anders Vestøl	45:53	31	+5:09	45:53	31	+5:09
	2. Jon Nilsen	56:34	43	+15:48	1:42:27	35	+4 +20:57 +15:48
	3. Olav Vestøl	59:02	30	+14:12	2:41:29	33	-2 +30:50 +9:53
34	 <a href="#">Bækkelagets SK</a> 3				2:42:18		+31:39
	1. Vetle Christiansen	46:02	32	+5:18	46:02	32	+5:18
	2. Magne Jutulstad	51:13	32	+10:27	1:37:15	30	-2 +15:45 +10:27





Plass	Navn	Ettid	Etpl	Etdiff	Tid	Vpl	Diff		
	3. Mathias Gløersen	1:05:03	39	+20:13	2:42:18	34	+4	+31:39	+15:54
35	 <a href="#">Freidig 2</a>				2:45:56			+35:17	
	1. Oscar Lyngen	50:56	46	+10:12	50:56	46		+10:12	
	2. Vegard Kittilsen	51:51	33	+11:05	1:42:47	36	-10	+21:17	+11:05
	3. Tomas Eidsmo	1:03:09	35	+18:19	2:45:56	35	-1	+35:17	+14:00
36	 <a href="#">Oppsal Orientering 2</a>				2:49:18			+38:39	
	1. Are Wigaard	49:03	40	+8:19	49:03	40		+8:19	
	2. Thomas Ruud	54:52	40	+14:06	1:43:55	41	+1	+22:25	+14:06
	3. Ola Marius Pedersen	1:05:23	40	+20:33	2:49:18	36	-5	+38:39	+16:14
37	 <a href="#">IL Gular 1</a>				2:49:42			+39:03	
	1. Scott Juvik	52:06	47	+11:22	52:06	47		+11:22	
	2. Rune Nygaard	49:27	27	+8:41	1:41:33	34	-13	+20:03	+8:41
	3. Eyvind Kjellefold Malde	1:08:09	45	+23:19	2:49:42	37	+3	+39:03	+19:00
38	 <a href="#">Byåsen IL 1</a>				2:52:24			+41:45	
	1. Øyvind Wiggen	45:47	29	+5:03	45:47	29		+5:03	
	2. Petter Liabakk Eriksen	57:49	44	+17:03	1:43:36	39	+10	+22:06	+17:03
	3. Ola Berger	1:08:48	47	+23:58	2:52:24	38	-1	+41:45	+19:39
39	 <a href="#">Raumar Orientering 1</a>				2:52:37			+41:58	
	1. Magne Haga	45:37	28	+4:53	45:37	28		+4:53	
	2. Magnus Svingheim	47:54	16	+7:08	1:33:31	23	-5	+12:01	+7:08
	3. Øistein Fagerli Næss	1:19:06	61	+34:16	2:52:37	39	+16	+41:58	+29:57
40	 <a href="#">Lillomarka OL 1</a>				2:52:43			+42:04	
	1. Elias Skjolden Sørensen	49:33	41	+8:49	49:33	41		+8:49	
	2. Eirik Høst Fossgard	54:17	38	+13:31	1:43:50	40	-1	+22:20	+13:31
	3. Jens Johan Brekke	1:08:53	48	+24:03	2:52:43	40	0	+42:04	+19:44
41	 <a href="#">Kristiansand OK 4</a>				2:52:51			+42:12	
	1. Matias Hodne Hanisch	54:05	50	+13:21	54:05	50		+13:21	
	2. Kristian Pytten	1:02:51	52	+22:05	1:56:56	51	+1	+35:26	+22:05
	3. Holger Hott	55:55	24	+11:05	2:52:51	41	-10	+42:12	+6:46
42	 <a href="#">Porsgrunn OL 2</a>				2:53:26			+42:47	
	1. Runar Torpe Lien	54:15	51	+13:31	54:15	51		+13:31	
	2. Thore Kornmo	55:25	42	+14:39	1:49:40	46	-5	+28:10	+14:39
	3. Magnus Aarhus Kinn	1:03:46	36	+18:56	2:53:26	42	-4	+42:47	+14:37
43	 <a href="#">Porsgrunn OL 1</a>				2:56:15			+45:36	
	1. Rasmus Mathisen	55:45	56	+15:01	55:45	56		+15:01	
	2. Håkon Kornmo	52:11	34	+11:25	1:47:56	42	-14	+26:26	+11:25
	3. Alexander Repstad Storemyr	1:08:19	46	+23:29	2:56:15	43	+1	+45:36	+19:10
44	 <a href="#">Freidig 3</a>				2:56:54			+46:15	
	1. Lars Sandstad	53:35	49	+12:51	53:35	49		+12:51	
	2. Jonas Grønli	55:15	41	+14:29	1:48:50	44	-5	+27:20	+14:29

Plass	Navn	Ettid	Etpl	Etdiff	Tid	Vpl	Diff		
	3. Jo Even Kolstad	1:08:04	44	+23:14	2:56:54	44	0	+46:15	+18:55
45	 <a href="#">NTNU</a> 4				2:57:40			+47:01	
	1. Håvard Mo Vaadal	50:35	45	+9:51	50:35	45		+9:51	
	2. Jakob Kalvig Skogan	1:02:04	51	+21:18	1:52:39	47	+2	+31:09	+21:18
	3. Peter Nordbrøden	1:05:01	37	+20:11	2:57:40	45	-2	+47:01	+15:52
46	 <a href="#">Bodø og Omegn IF</a> <a href="#">Orientering</a> 1				2:59:59			+49:20	
	1. Trygve Kongsbakk	1:02:56	64	+22:12	1:02:56	64		+22:12	
	2. Espen Samuelson Skiri	58:59	45	+18:13	2:01:55	56	-8	+40:25	+18:13
	3. Martin Hoset	58:04	28	+13:14	2:59:59	46	-10	+49:20	+8:55
47	 <a href="#">Fossum IF</a> 3				3:00:00			+49:21	
	1. Peter Gisholt	54:39	52	+13:55	54:39	52		+13:55	
	2. Leif Størmer	54:23	39	+13:37	1:49:02	45	-7	+27:32	+13:37
	3. Eivind Berner Myhre	1:10:58	51	+26:08	3:00:00	47	+2	+49:21	+21:49
48	 <a href="#">Asker Skiklubb</a> 2				3:01:01			+50:22	
	1. Per Clemet Wisløff	46:56	37	+6:12	46:56	37		+6:12	
	2. Per Wiréhn	1:01:09	48	+20:23	1:48:05	43	+6	+26:35	+20:23
	3. Tommy Jauhojärvi	1:12:56	56	+28:06	3:01:01	48	+5	+50:22	+23:47
49	 <a href="#">Bækkelaget SK</a> 4				3:06:10			+55:31	
	1. Wolfgang Kampel	49:48	42	+9:04	49:48	42		+9:04	
	2. Olav Ekrheim	1:04:18	55	+23:32	1:54:06	48	+6	+32:36	+23:32
	3. Martin Schälli	1:12:04	55	+27:14	3:06:10	49	+1	+55:31	+22:55
50	 <a href="#">Oddersjaa SSK</a> 1				3:06:20			+55:41	
	1. Einar Ekeland	46:13	34	+5:29	46:13	34		+5:29	
	2. Frode Øverøyen Balchen	1:08:24	63	+27:38	1:54:37	50	+16	+33:07	+27:38
	3. Geir Ausland	1:11:43	54	+26:53	3:06:20	50	0	+55:41	+22:34
51	 <a href="#">OL Tønsberg og omegn</a> 1				3:06:31			+55:52	
	1. Morten Krona Hafan	58:19	59	+17:35	58:19	59		+17:35	
	2. Jakob Hjelseth	1:01:09	48	+20:23	1:59:28	53	-6	+37:58	+20:23
	3. Trym B Island	1:07:03	41	+22:13	3:06:31	51	-2	+55:52	+17:54
52	 <a href="#">Bø OL</a> 1				3:07:17			+56:38	
	1. Eivind Frode Rinde	1:00:43	63	+19:59	1:00:43	63		+19:59	
	2. Jon Solberg	1:01:33	50	+20:47	2:02:16	58	-5	+40:46	+20:47
	3. Dag Steinar Ragvin	1:05:01	37	+20:11	3:07:17	52	-6	+56:38	+15:52
53	 <a href="#">Fossum IF</a> 4				3:10:21			+59:42	
	1. Emil Størmer	58:27	61	+17:43	58:27	61		+17:43	
	2. Øystein Holo	1:01:04	47	+20:18	1:59:31	54	-7	+38:01	+20:18
	3. Morten Fismen	1:10:50	50	+26:00	3:10:21	53	-1	+59:42	+21:41
54	 <a href="#">Nydalens SK</a> 6				3:10:28			+59:49	
	1. Jostein Tandberg	46:46	36	+6:02	46:46	36		+6:02	
	2. Sondre Ruud Bråten	54:00	37	+13:14	1:40:46	33	-3	+19:16	+13:14

Plass	Navn	Ettid	Etpl	Etdiff	Tid	Vpl	Diff
	3. Hanne Nøvik	1:29:42	64	+44:52	3:10:28	54	+21 +59:49 +40:33
55	 <a href="#">IL Imås</a> 1				3:11:55		+1:01:16
	1. Viggo Molund	47:16	38	+6:32	47:16	38	+6:32
	2. Tarjei Nicolaisen	1:07:20	61	+26:34	1:54:36	49	+11 +33:06 +26:34
	3. Magnus Gautefall Nicolaisen	1:17:19	60	+32:29	3:11:55	55	+6 +1:01:16 +28:10
56	 <a href="#">Oppsal Orientering</a> 3				3:12:24		+1:01:45
	1. Tor Andreas Andersen	55:26	54	+14:42	55:26	54	+14:42
	2. Ludvig Rødnes	1:06:29	59	+25:43	2:01:55	56	+2 +40:25 +25:43
	3. Truls Hestengen	1:10:29	49	+25:39	3:12:24	56	0 +1:01:45 +21:20
57	 <a href="#">Fredrikstad SK</a> 3				3:12:55		+1:02:16
	1. Sondre Ottesen	55:53	58	+15:09	55:53	58	+15:09
	2. Runar Saur Modahl	1:03:27	53	+22:41	1:59:20	52	-6 +37:50 +22:41
	3. Eirik Imrik	1:13:35	57	+28:45	3:12:55	57	+5 +1:02:16 +24:26
58	 <a href="#">Haugesund IL Orientering</a> 1				3:14:23		+1:03:44
	1. Sigurd Paulsen Vie	44:29	27	+3:45	44:29	27	+3:45
	2. Knut Steffen Kvala	1:18:25	66	+37:39	2:02:54	59	+32 +41:24 +37:39
	3. Ruben Kobbeltvedt	1:11:29	53	+26:39	3:14:23	58	-1 +1:03:44 +22:20
59	 <a href="#">Ås-NMBU Orientering</a> 1				3:14:29		+1:03:50
	1. Linus Olhans	55:45	56	+15:01	55:45	56	+15:01
	2. Vegard Fiane Pedersen	1:07:32	62	+26:46	2:03:17	61	+5 +41:47 +26:46
	3. Håvard Tveite	1:11:12	52	+26:22	3:14:29	59	-2 +1:03:50 +22:03
60	 <a href="#">OK Moss</a> 1				3:15:46		+1:05:07
	1. Tore Bjørnerød	55:32	55	+14:48	55:32	55	+14:48
	2. Torgeir Snilsberg	1:04:14	54	+23:28	1:59:46	55	0 +38:16 +23:28
	3. Thomas Roskifte	1:16:00	58	+31:10	3:15:46	60	+5 +1:05:07 +26:51
61	 <a href="#">Vang OL</a> 1				3:20:48		+1:10:09
	1. Njaal Ellegaard Melby	1:07:21	66	+26:37	1:07:21	66	+26:37
	2. Jostein Svaland Dale	1:05:56	56	+25:10	2:13:17	66	0 +51:47 +25:10
	3. fEven Lindaas	1:07:31	42	+22:41	3:20:48	61	-5 +1:10:09 +18:22
62	 <a href="#">Bø OL</a> 2				3:21:58		+1:11:19
	1. Sigve Botnen	58:30	62	+17:46	58:30	62	+17:46
	2. Steinar Lande	1:06:56	60	+26:10	2:05:26	64	+2 +43:56 +26:10
	3. Asbjørn Klakeg Forland	1:16:32	59	+31:42	3:21:58	62	-2 +1:11:19 +27:23
63	 <a href="#">Larvik OK</a> 1				3:23:04		+1:12:25
	1. Mathias Olsen	53:28	48	+12:44	53:28	48	+12:44
	2. Jørgen Frøyd	1:09:36	65	+28:50	2:03:04	60	+12 +41:34 +28:50
	3. Per Olav Gulbrandsen	1:20:00	62	+35:10	3:23:04	63	+3 +1:12:25 +30:51
64	 <a href="#">Skien OK</a> 1				3:28:34		+1:17:55
	1. Skjalg Nysæter	58:25	60	+17:41	58:25	60	+17:41
	2. Gisle Nysæter	1:06:22	58	+25:36	2:04:47	63	+3 +43:17 +25:36

Plass	Navn	Ettid	Etpl	Etdiff	Tid	Vpl	Diff
	3. Eirik Larsen	1:23:47	63	+38:57	3:28:34	64 +1	+1:17:55 +34:38
65	 <a href="#">Halden SK</a> 3				3:46:32		+1:35:53
	1. Matthieu Puech	54:44	53	+14:00	54:44	53	+14:00
	2. Jonatan Aune	1:09:25	64	+28:39	2:04:09	62 +9	+42:39 +28:39
	3. Eirik Nordbrøden	1:42:23	66	+57:33	3:46:32	65 +3	+1:35:53 +53:14
66	 <a href="#">OK Moss</a> 2				3:49:32		+1:38:53
	1. Henning Bratland Carlsen	1:06:07	65	+25:23	1:06:07	65	+25:23
	2. Øystein Olsen	1:06:15	57	+25:29	2:12:22	65 0	+50:52 +25:29
	3. Thomas Tubbehaugen	1:37:10	65	+52:20	3:49:32	66 +1	+1:38:53 +48:01
67	 <a href="#">Kristiansand OK</a> 5				3:32:41		+1:22:02
	1. Håvar Birkeland Stormoen	57:14	67	+16:30	57:14	67	+16:30
	2. Vetle Elias Lynnebakken	1:16:49	68	+36:03	2:14:03	67 0	+52:33 +36:03
	3. Tor Åmdal	1:18:38	68	+33:48	3:32:41	67 0	+1:22:02 +29:29
68	 <a href="#">Oddersjaa SSK</a> 2				3:44:48		+1:34:09
	1. Ole Gunnar Lund Jensen	1:12:48	69	+32:04	1:12:48	69	+32:04
	2. Eirik Glad Balchen	1:13:23	67	+32:37	2:26:11	68 -1	+1:04:41 +32:37
	3. Jon Terje Ekeland	1:18:37	67	+33:47	3:44:48	68 0	+1:34:09 +29:28
69	 <a href="#">Kristiansand OK</a> 6				4:01:25		+1:50:46
	1. Fred-Arne Sivertsen	1:09:46	68	+29:02	1:09:46	68	+29:02
	2. Thorbjørn Værp	1:23:18	69	+42:32	2:33:04	69 +1	+1:11:34 +42:32
	3. Jan Blandkjenn	1:28:21	69	+43:31	4:01:25	69 0	+1:50:46 +39:12
	 <a href="#">Asker Skiklubb</a> 1						diskvalifisert
	1. Henrik Fredriksen Aas						diskvalifisert
	2. Vegard Gulbrandsen						diskvalifisert
	3. Sander Arntzen						diskvalifisert
	 <a href="#">Bækkelagets SK</a> 5						brutt
	1. Vegard Ølstad						brutt
	2. Eskil Sande Gullord						brutt
	3. Johan Brunberg						brutt
	 <a href="#">Freidig</a> 4						brutt
	1. Kristian Fredrik Lynum						brutt
	2. Mathias Hermstad						brutt
	3. Håkon Holstad						brutt
	 <a href="#">Frol IL</a> 2						brutt
	1. Ulf Forseth Indgaard						brutt
	2. Isak Bergset						brutt
	3. Carl Petter Lyngen						brutt
	 <a href="#">Lillomarka OL</a> 2						brutt
	1. Svein Nygård						brutt
	2. Vidar Benjaminsen						brutt
	3. Mathias Benjaminsen						brutt

Plass	Navn	Ettid	Etpl	Etdiff	Tid	Vpl	Diff
	 <a href="#">Løten o-lag</a> 1						brutt
1.	Yngve Volden	brutt					brutt
2.	Evine Westli Andersen	brutt					brutt
3.	Emilie Westli Andersen	brutt					brutt
	 <a href="#">Raumar Orientering</a> 2						brutt
1.	Anders Horvei	brutt					brutt
2.	Ståle Sønsterudbråten	brutt					brutt
3.	Øystein Rapp	brutt					brutt